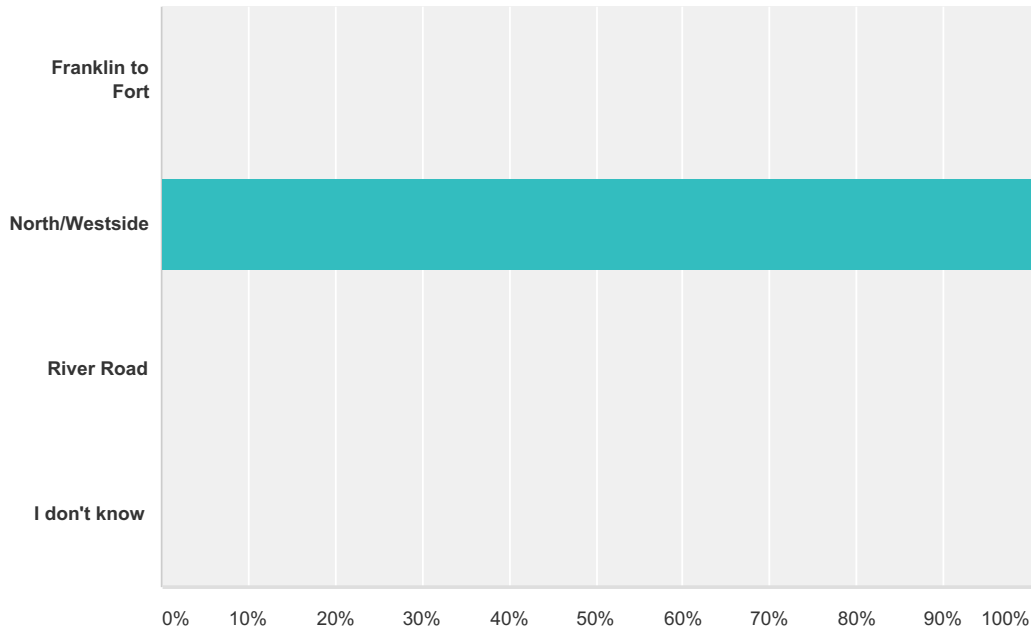


### Q1 Which neighborhood do you live in?

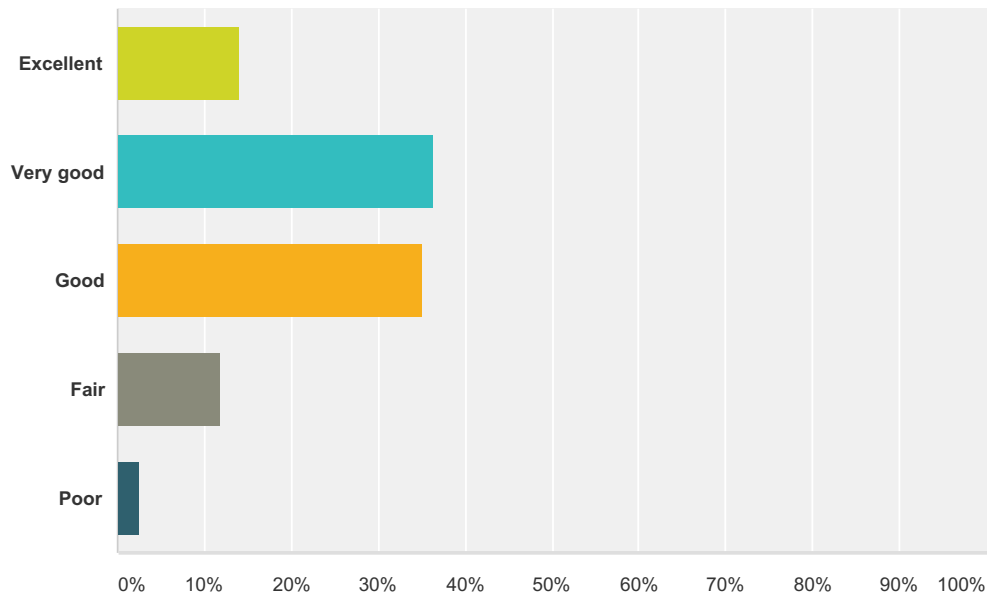
Answered: 243 Skipped: 0



Answer Choices	Responses
Franklin to Fort	0.00% 0
North/Westside	100.00% 243
River Road	0.00% 0
I don't know	0.00% 0
<b>Total</b>	<b>243</b>

## Q2 How would you describe your health?

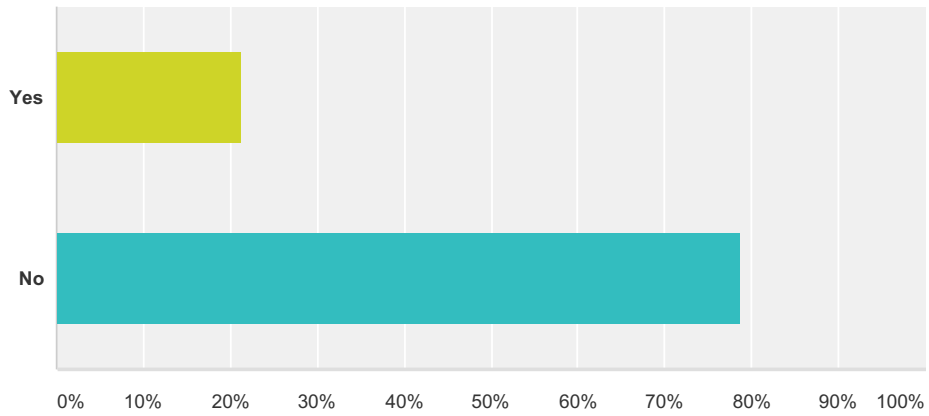
Answered: 242 Skipped: 1



Answer Choices	Responses
Excellent	14.05% 34
Very good	36.36% 88
Good	35.12% 85
Fair	11.98% 29
Poor	2.48% 6
<b>Total</b>	<b>242</b>

### Q3 Does anyone in your household smoke or use tobacco?

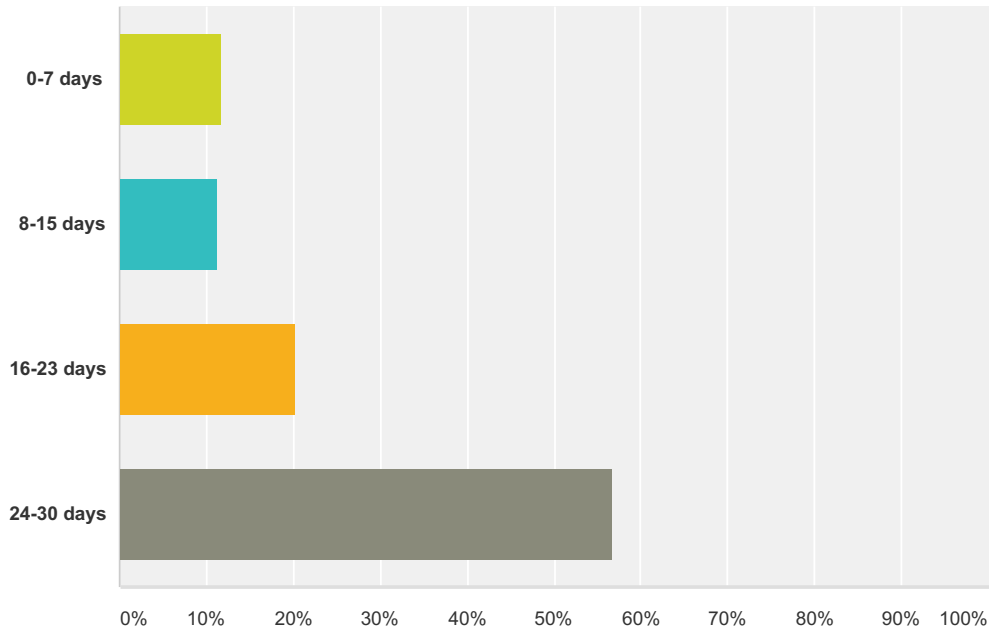
Answered: 235 Skipped: 8



Answer Choices	Responses	
Yes	21.28%	50
No	78.72%	185
<b>Total</b>		<b>235</b>

### Q4 In the past 30 days, how many days did you enjoy good physical health?

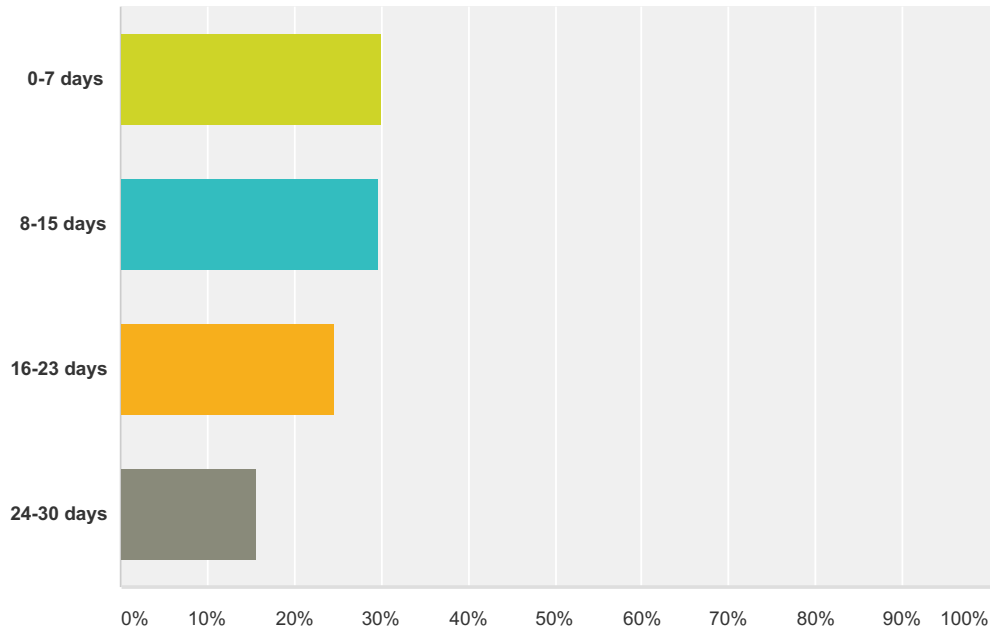
Answered: 238 Skipped: 5



Answer Choices	Responses
0-7 days	11.76% 28
8-15 days	11.34% 27
16-23 days	20.17% 48
24-30 days	56.72% 135
<b>Total</b>	<b>238</b>

### Q5 In the past 30 days, how often did you exercise?

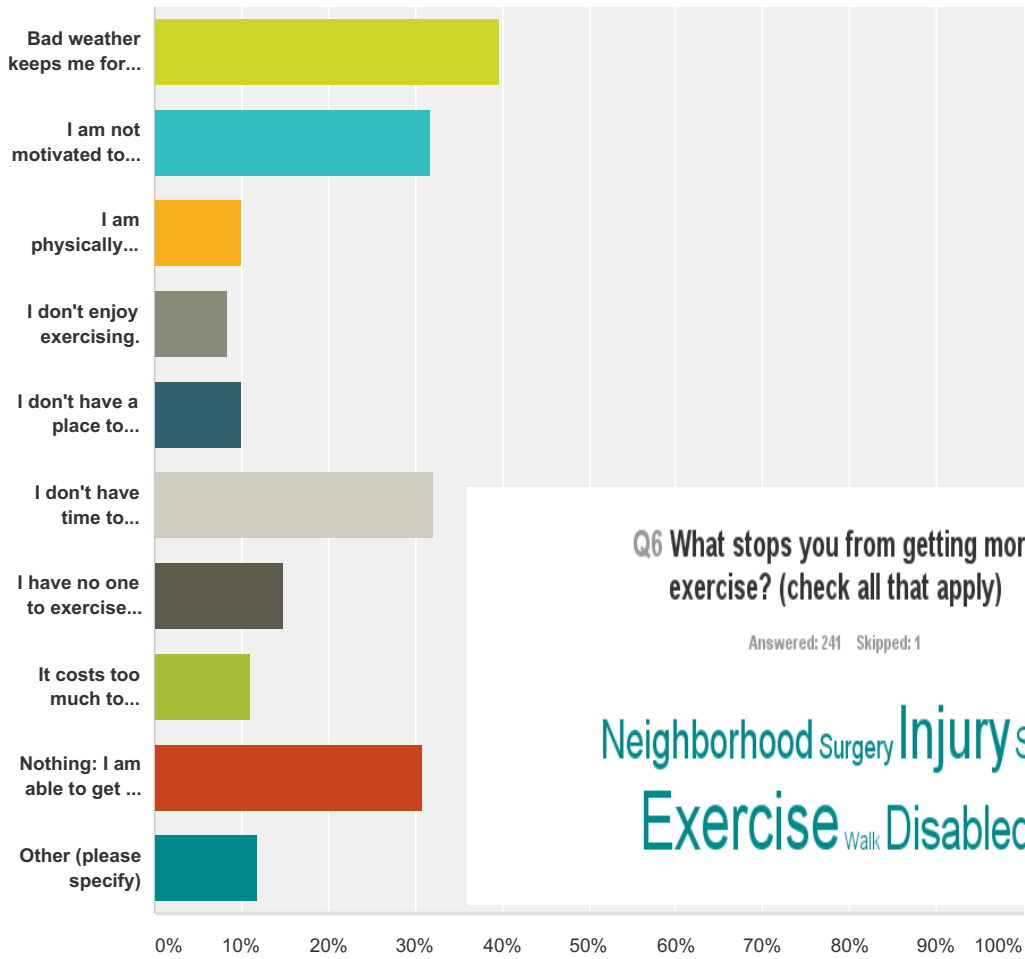
Answered: 236 Skipped: 7



Answer Choices	Responses
0-7 days	30.08% 71
8-15 days	29.66% 70
16-23 days	24.58% 58
24-30 days	15.68% 37
<b>Total</b>	<b>236</b>

### Q6 What stops you from getting more exercise? (check all that apply)

Answered: 242 Skipped: 1



Q6 What stops you from getting more exercise? (check all that apply)

Answered: 241 Skipped: 1

Neighborhood Surgery Injury Sick  
Exercise Walk Disabled

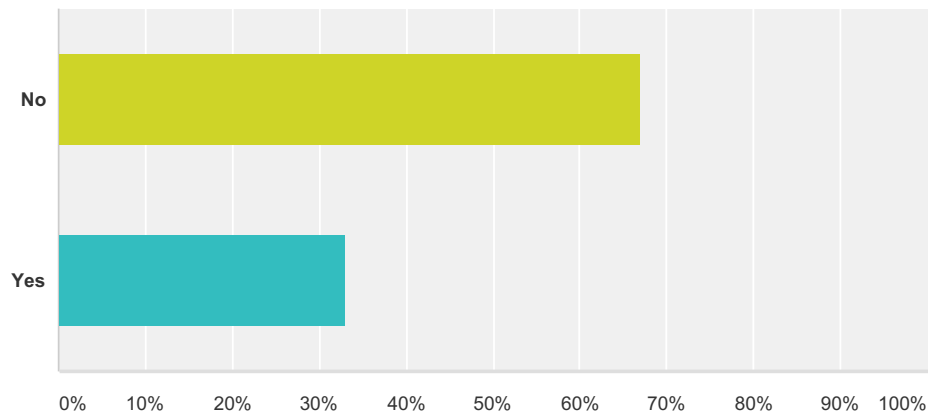
Answer Choices	Responses	Count
Bad weather keeps me form exercising.	39.67%	96
I am not motivated to exercise.	31.82%	77
I am physically unable to exercise.	9.92%	24
I don't enjoy exercising.	8.26%	20
I don't have a place to exercise.	9.92%	24
I don't have time to exercise.	32.23%	78
I have no one to exercise with.	14.88%	36
It costs too much to exercise.	11.16%	27
Nothing: I am able to get the amount of exercise I want/need.	30.99%	75
Other (please specify)	11.98%	29

# Missoula Invest Health Survey

Total Respondents: 242

### Q7 Do you eat 5 servings of fruits and vegetables a day?

Answered: 234 Skipped: 9

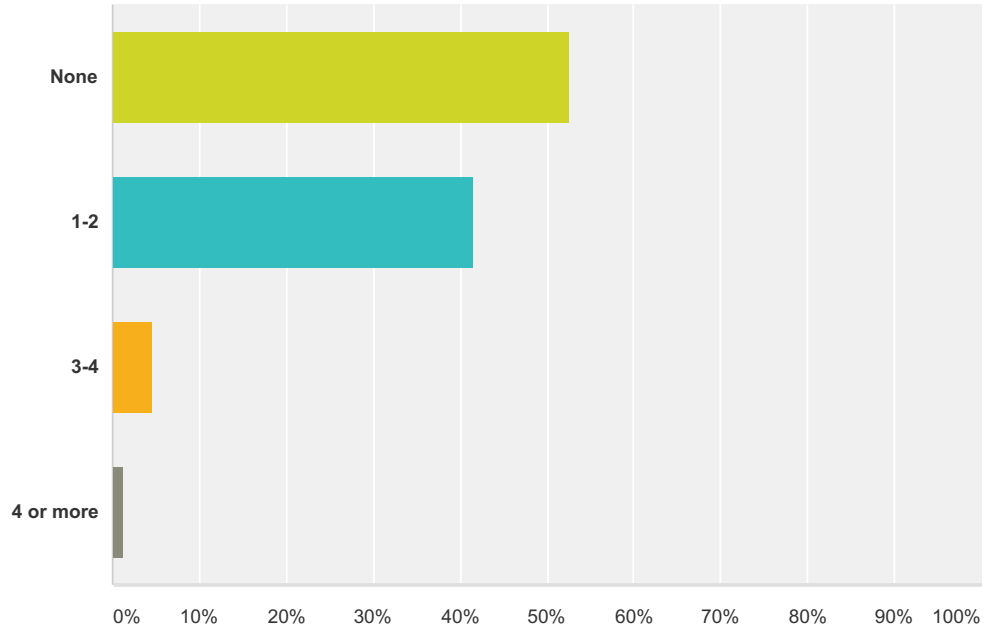


Answer Choices	Responses	
No	67.09%	157
Yes	32.91%	77
<b>Total</b>		<b>234</b>



**Q8 How many sugar-sweetened drinks do you typically drink daily? (including sweetened coffee, sports drinks, etc)**

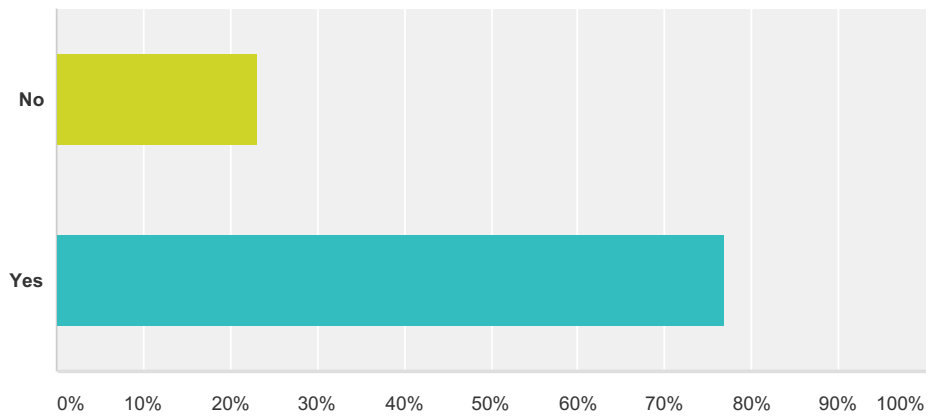
Answered: 243 Skipped: 0



Answer Choices	Responses
None	52.67% 128
1-2	41.56% 101
3-4	4.53% 11
4 or more	1.23% 3
<b>Total</b>	<b>243</b>

### Q9 Do you have primary health care provider?

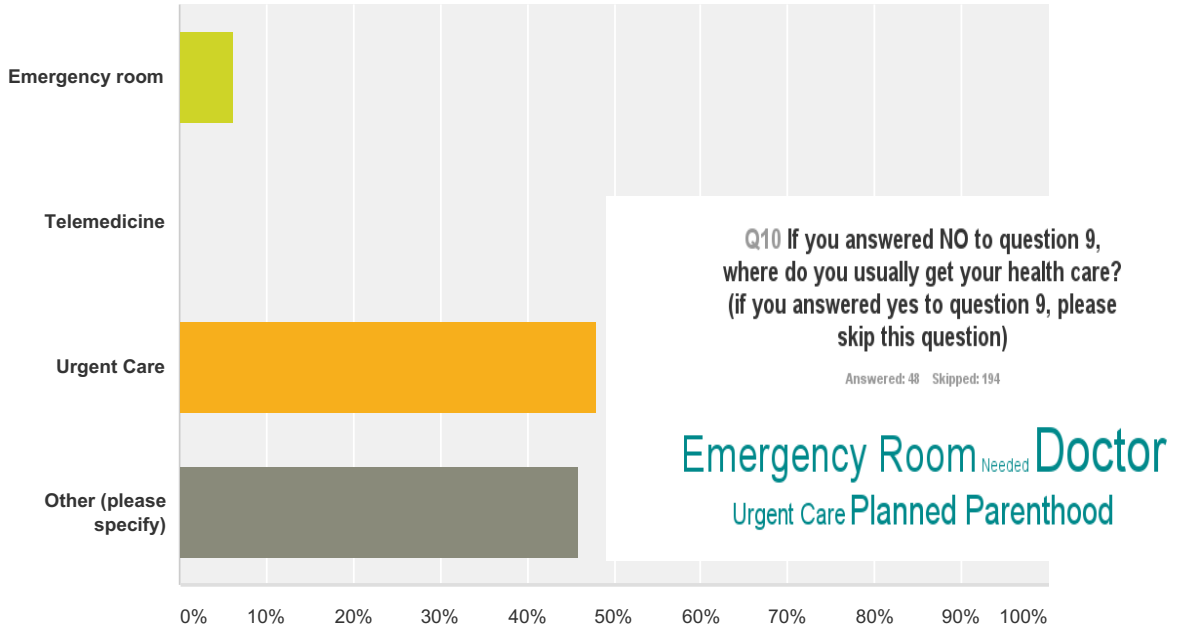
Answered: 241 Skipped: 2



Answer Choices	Responses	
No	23.24%	56
Yes	76.76%	185
<b>Total</b>		<b>241</b>

**Q10 If you answered NO to question 9, where do you usually get your health care? (if you answered yes to question 9, please skip this question)**

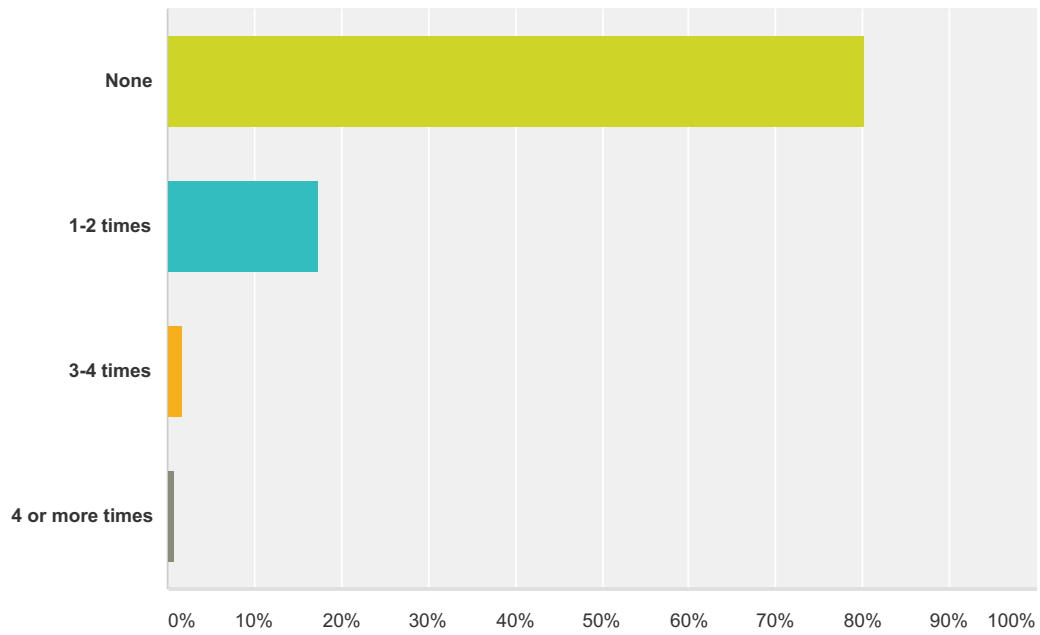
Answered: 48 Skipped: 195



Answer Choices	Responses	Count
Emergency room	6.25%	3
Telemedicine	0.00%	0
Urgent Care	47.92%	23
Other (please specify)	45.83%	22
<b>Total</b>		<b>48</b>

### Q11 In the last 12 months, how many times have you visited the emergency room?

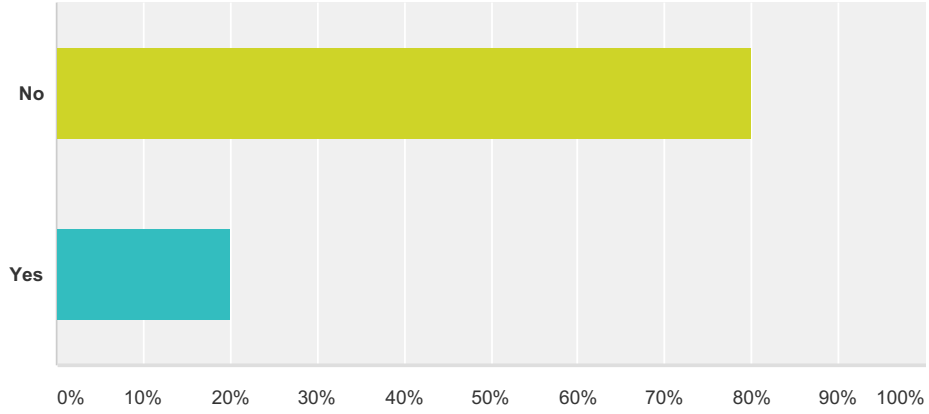
Answered: 241 Skipped: 2



Answer Choices	Responses
None	80.08% 193
1-2 times	17.43% 42
3-4 times	1.66% 4
4 or more times	0.83% 2
<b>Total</b>	<b>241</b>

**Q12 In the last 12 months, was there a time when you needed medical care but did not get it?**

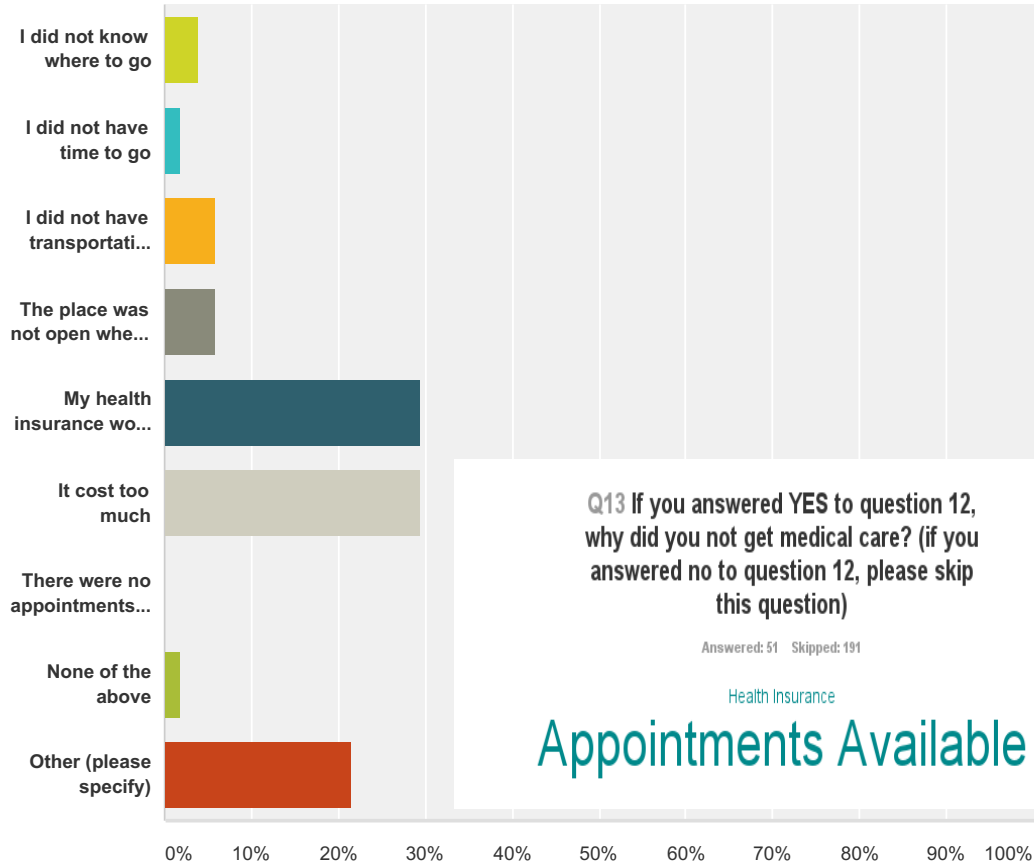
Answered: 239 Skipped: 4



Answer Choices	Responses
No	79.92% 191
Yes	20.08% 48
<b>Total</b>	<b>239</b>

**Q13 If you answered YES to question 12, why did you not get medical care? (if you answered no to question 12, please skip this question)**

Answered: 51 Skipped: 192



**Q13 If you answered YES to question 12, why did you not get medical care? (if you answered no to question 12, please skip this question)**

Answered: 51 Skipped: 191

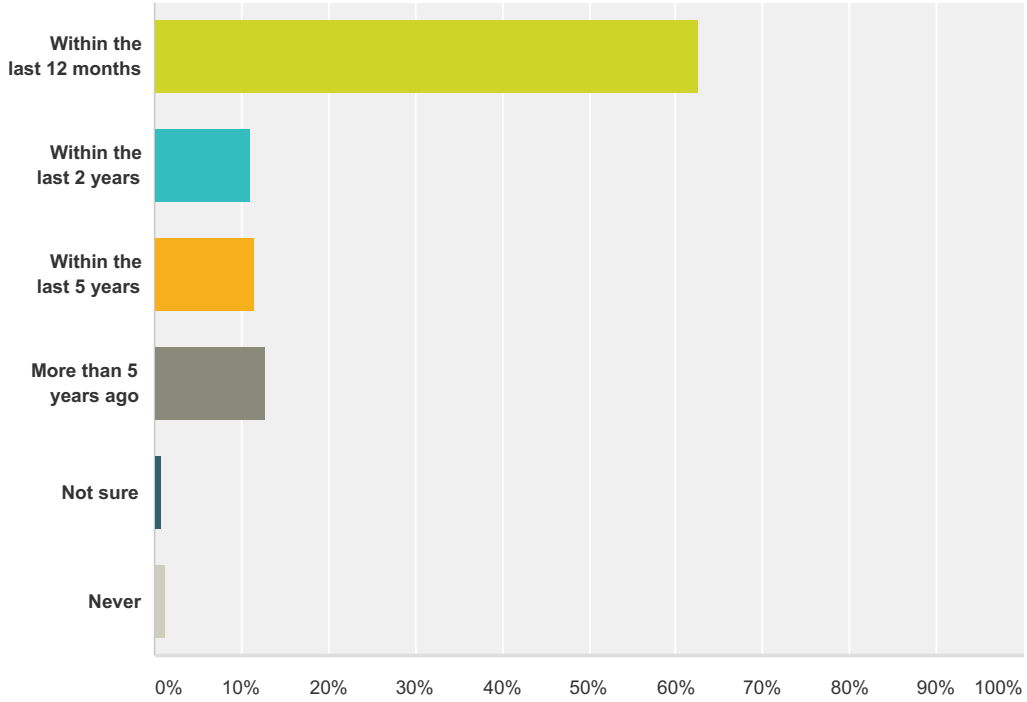
Health Insurance

**Appointments Available**

Answer Choices	Responses
I did not know where to go	3.92% 2
I did not have time to go	1.96% 1
I did not have transportation to get there	5.88% 3
The place was not open when I could get there	5.88% 3
My health insurance would not pay for it or cover it	29.41% 15
It cost too much	29.41% 15
There were no appointments available	0.00% 0
None of the above	1.96% 1
Other (please specify)	21.57% 11
<b>Total</b>	<b>51</b>

### Q14 How long has it been since you last visited a dentist or dental clinic for any reason?

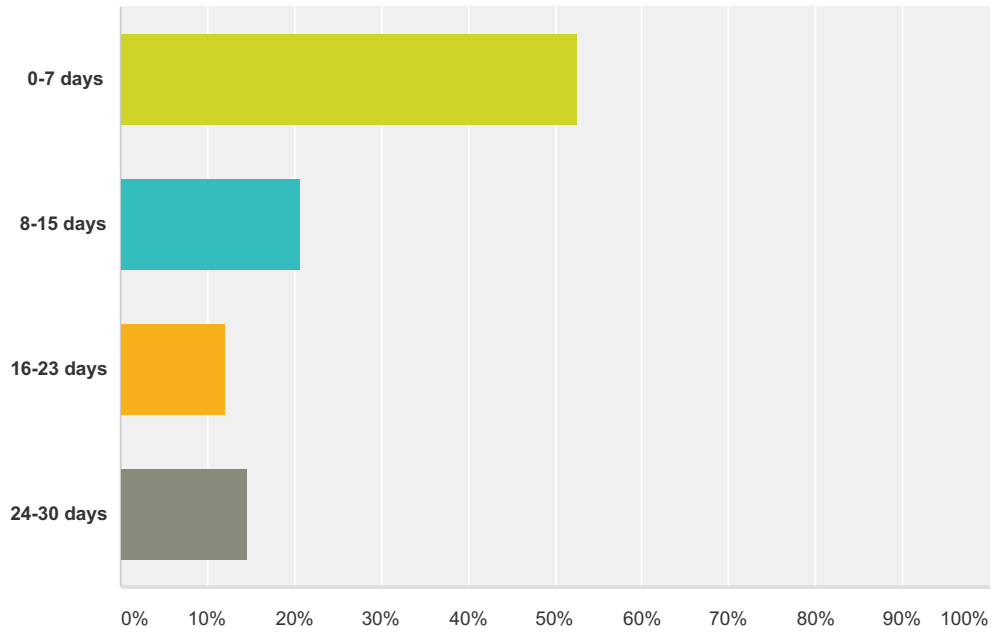
Answered: 243 Skipped: 0



Answer Choices	Responses	Count
Within the last 12 months	62.55%	152
Within the last 2 years	11.11%	27
Within the last 5 years	11.52%	28
More than 5 years ago	12.76%	31
Not sure	0.82%	2
Never	1.23%	3
<b>Total</b>		<b>243</b>

**Q15 In the past 30 days, how often were you worried, tense or anxious?**

Answered: 241 Skipped: 2

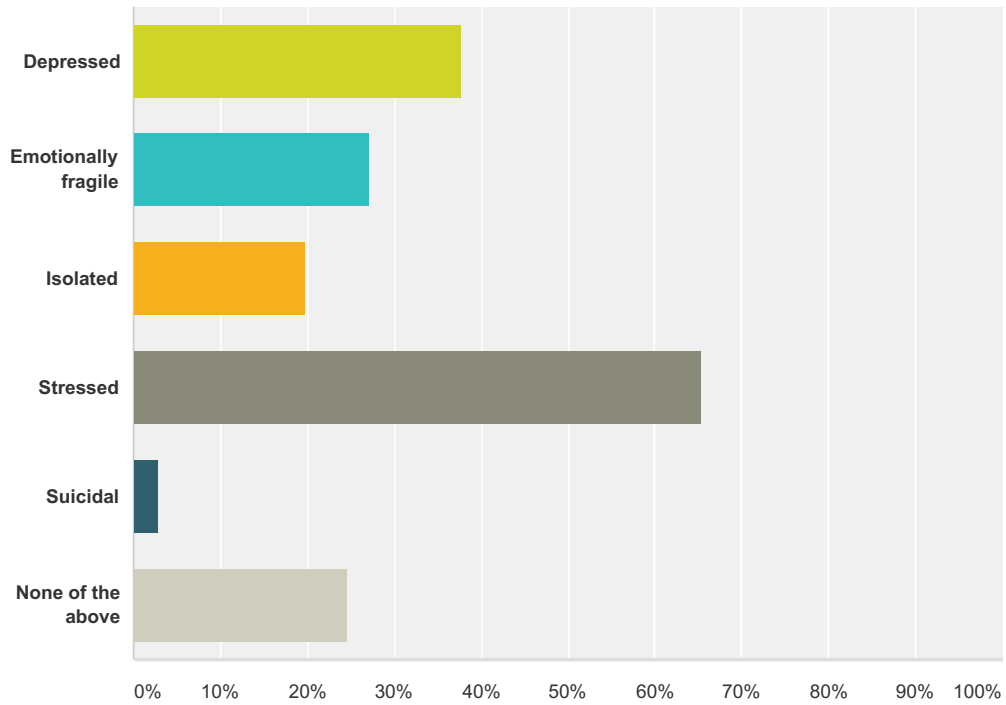


Answer Choices	Responses	
0-7 days	52.70%	127
8-15 days	20.75%	50
16-23 days	12.03%	29
24-30 days	14.52%	35
<b>Total</b>		<b>241</b>



**Q16 In the past 90 days have you felt (check all that apply)**

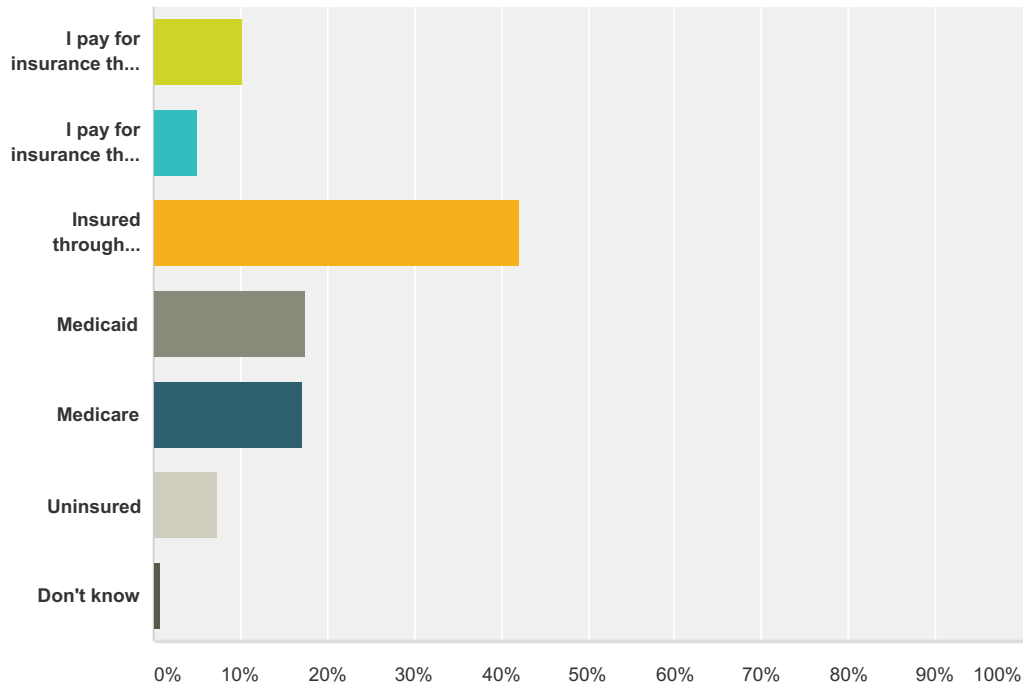
Answered: 243 Skipped: 0



Answer Choices	Responses	Count
Depressed	37.86%	92
Emotionally fragile	27.16%	66
Isolated	19.75%	48
Stressed	65.43%	159
Suicidal	2.88%	7
None of the above	24.69%	60
<b>Total Respondents: 243</b>		

### Q17 Which of the following best describes your health coverage?

Answered: 235 Skipped: 8



Answer Choices	Responses	
I pay for insurance that I got through the Affordable Care Act ( also known as Health Insurance Exchange, Obamacare)	10.21%	24
I pay for insurance that I setup myself (not through the Affordable Care Act)	5.11%	12
Insured through employer	42.13%	99
Medicaid	17.45%	41
Medicare	17.02%	40
Uninsured	7.23%	17
Don't know	0.85%	2
<b>Total</b>		<b>235</b>

**Q18 If you have multiple health coverage plans list them here:**

Answered: 23 Skipped: 220

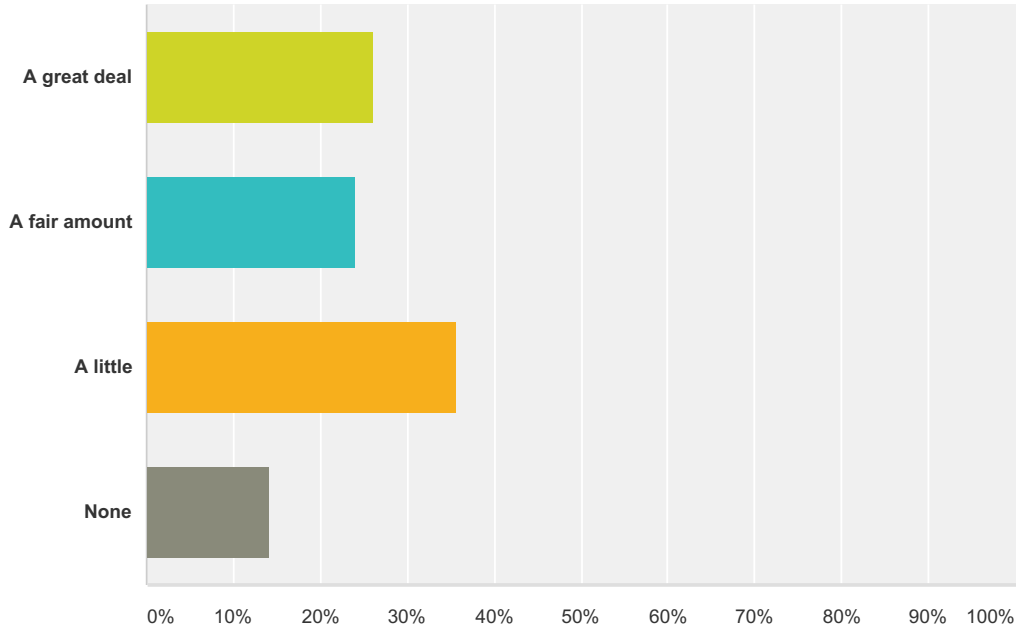
**Q18 If you have multiple health coverage plans list them here:**

Answered: 23 Skipped: 219

Pay for Insurance that I Set **Medicaid**

**Q19 Over the past 12 months, how much have you thought about ways you can reduce your stress?**

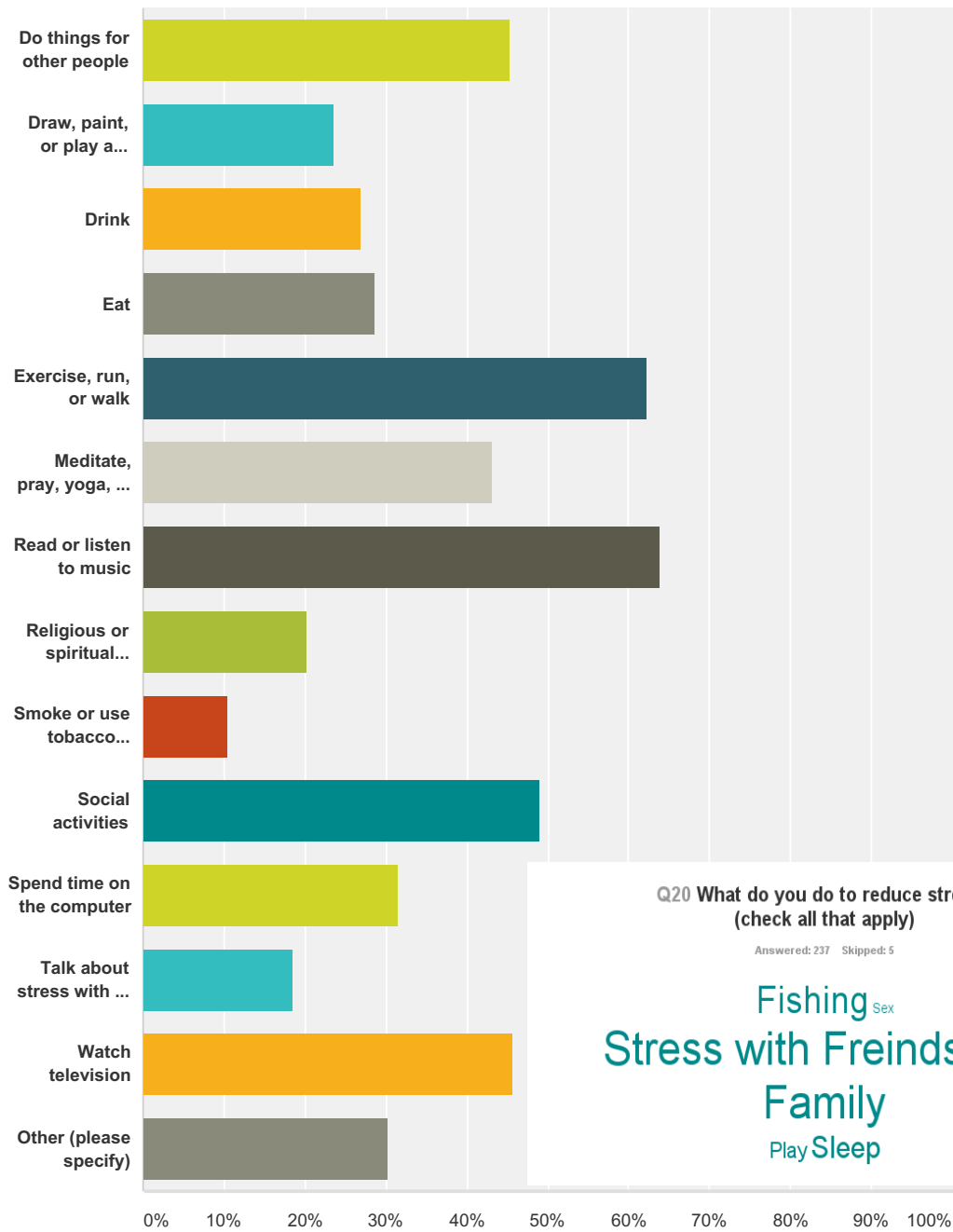
Answered: 238 Skipped: 5



Answer Choices	Responses	
A great deal	26.05%	62
A fair amount	23.95%	57
A little	35.71%	85
None	14.29%	34
<b>Total</b>		<b>238</b>

### Q20 What do you do to reduce stress? (check all that apply)

Answered: 238 Skipped: 5



Q20 What do you do to reduce stress?  
(check all that apply)  
Answered: 237 Skipped: 5  
Fishing<sup>Sex</sup>  
Stress with Freinds and  
Family  
Play Sleep

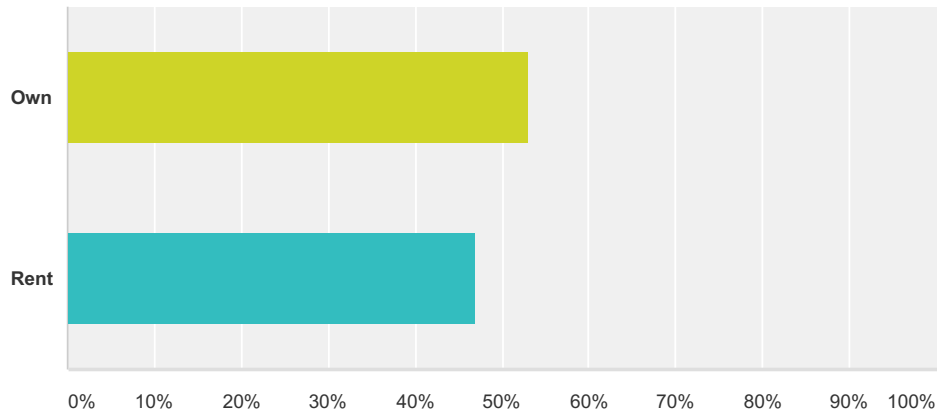
Answer Choices	Responses
Do things for other people	45.38% 108
Draw, paint, or play a musical instrument	23.53% 56
Drink	26.89% 64
Eat	28.57% 68

## Missoula Invest Health Survey

Exercise, run, or walk	<b>62.18%</b>	148
Meditate, pray, yoga, or other restful activity	<b>43.28%</b>	103
Read or listen to music	<b>63.87%</b>	152
Religious or spiritual activity	<b>20.17%</b>	48
Smoke or use tobacco products	<b>10.50%</b>	25
Social activities	<b>49.16%</b>	117
Spend time on the computer	<b>31.51%</b>	75
Talk about stress with a professional counselor or therapist	<b>18.49%</b>	44
Watch television	<b>45.80%</b>	109
Other (please specify)	<b>30.25%</b>	72
<b>Total Respondents: 238</b>		

### Q21 Do you own or rent your home?

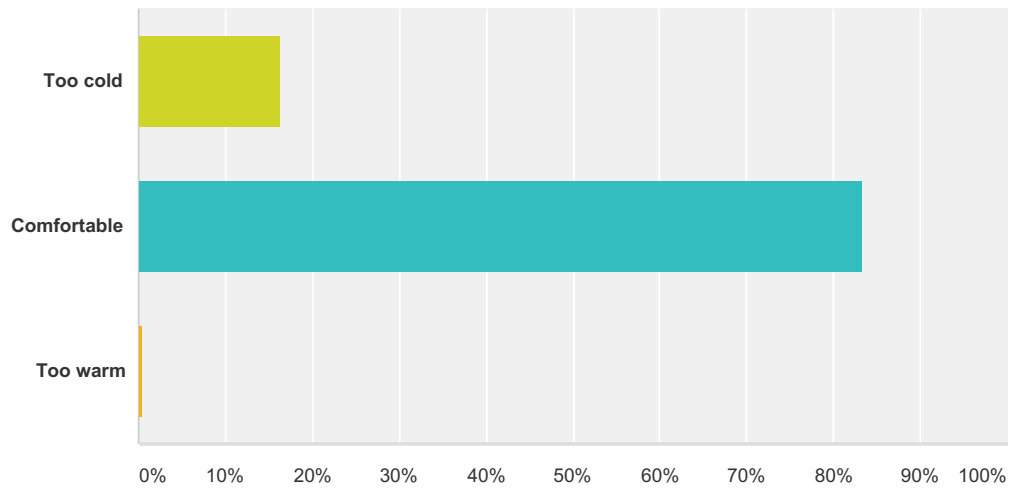
Answered: 241 Skipped: 2



Answer Choices	Responses	
Own	53.11%	128
Rent	46.89%	113
<b>Total</b>		<b>241</b>

## Q22 How would you describe your home in the winter?

Answered: 239 Skipped: 4

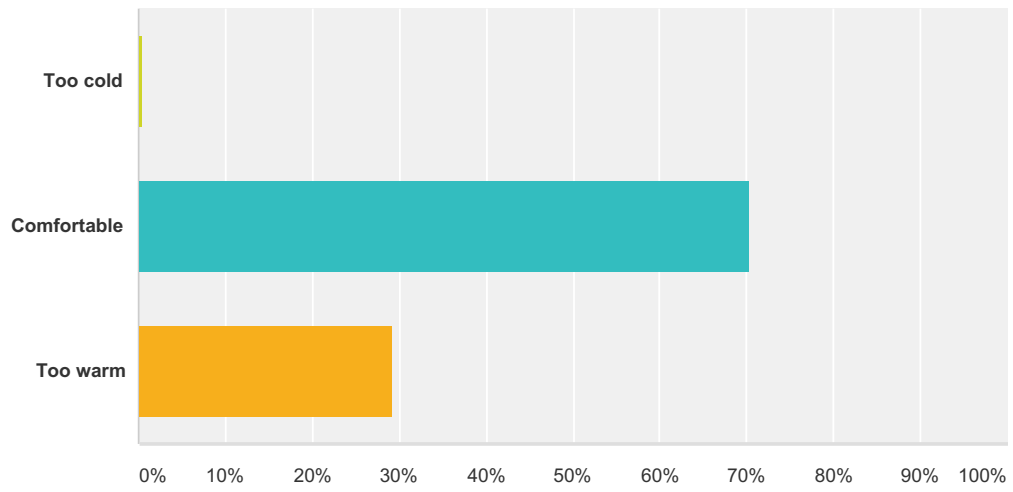


Answer Choices	Responses
Too cold	16.32% 39
Comfortable	83.26% 199
Too warm	0.42% 1
<b>Total</b>	<b>239</b>



### Q23 How would you describe your home in the summer?

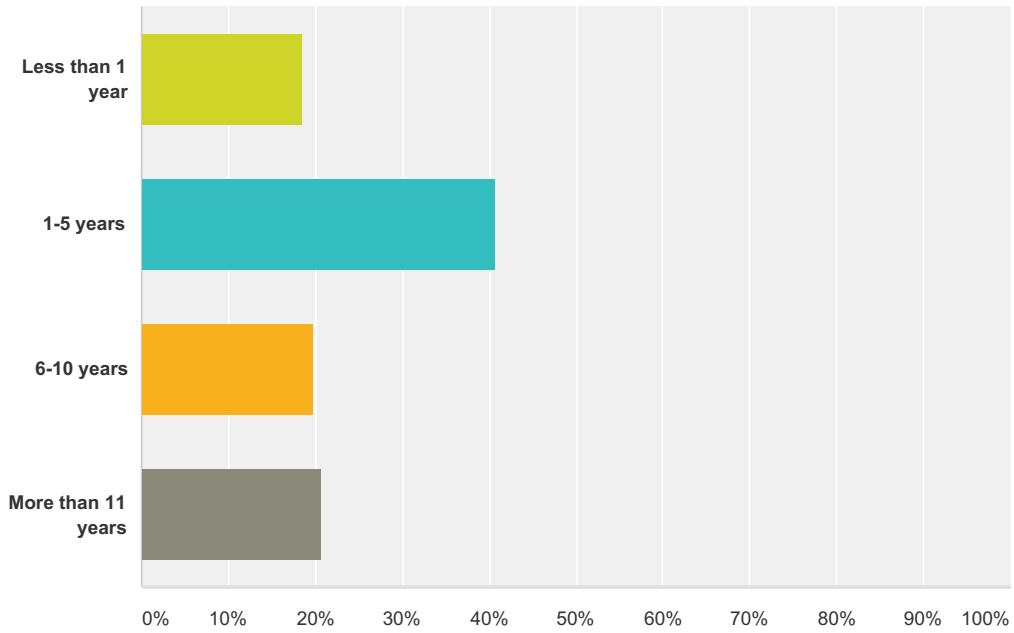
Answered: 240 Skipped: 3



Answer Choices	Responses
Too cold	0.42% 1
Comfortable	70.42% 169
Too warm	29.17% 70
<b>Total</b>	<b>240</b>

### Q24 How long have you lived in your current home?

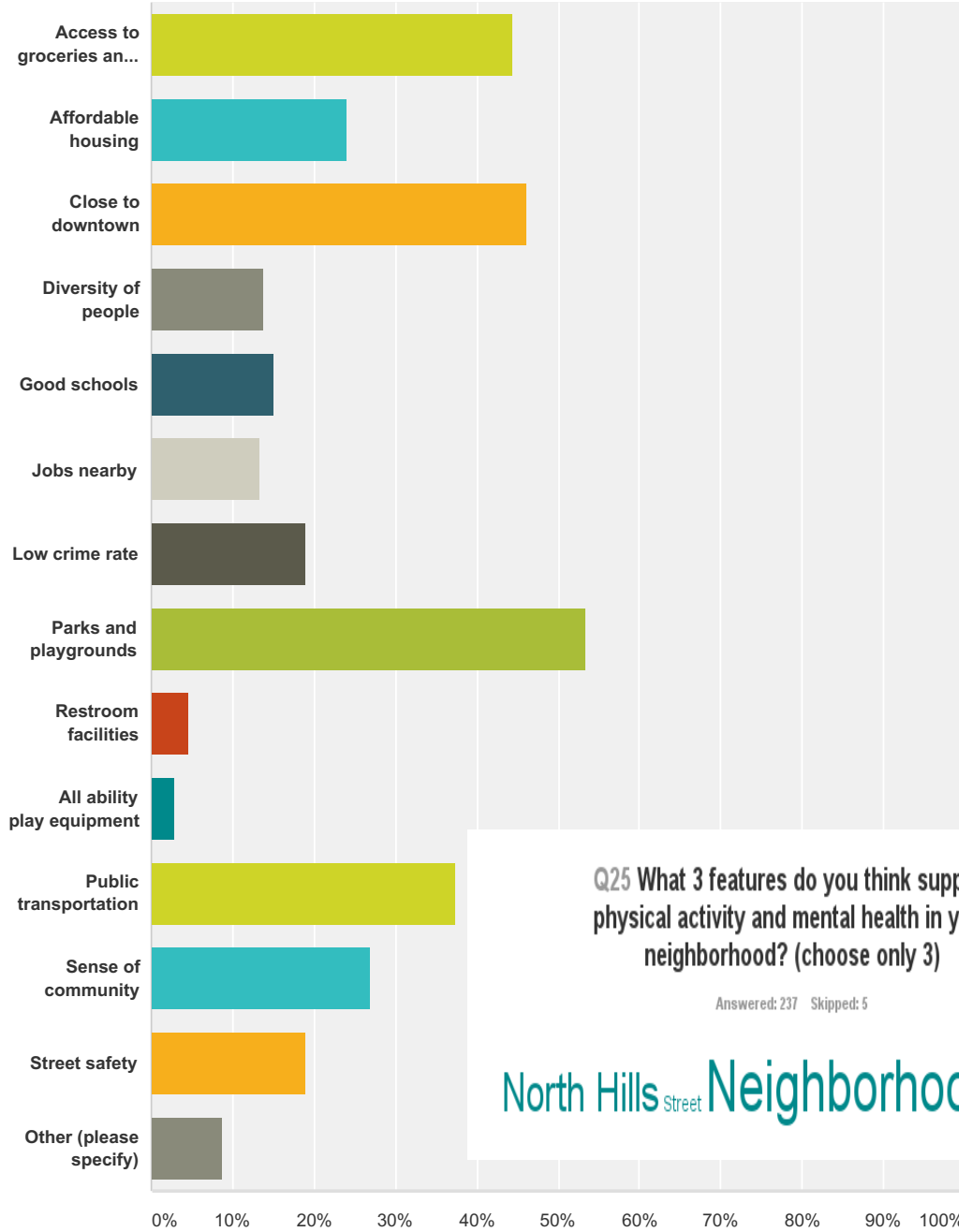
Answered: 241 Skipped: 2



Answer Choices	Responses
Less than 1 year	18.67% 45
1-5 years	40.66% 98
6-10 years	19.92% 48
More than 11 years	20.75% 50
<b>Total</b>	<b>241</b>

### Q25 What 3 features do you think support physical activity and mental health in your neighborhood? (choose only 3)

Answered: 238 Skipped: 5



Q25 What 3 features do you think support physical activity and mental health in your neighborhood? (choose only 3)

Answered: 237 Skipped: 5

North Hills Street Neighborhood Access

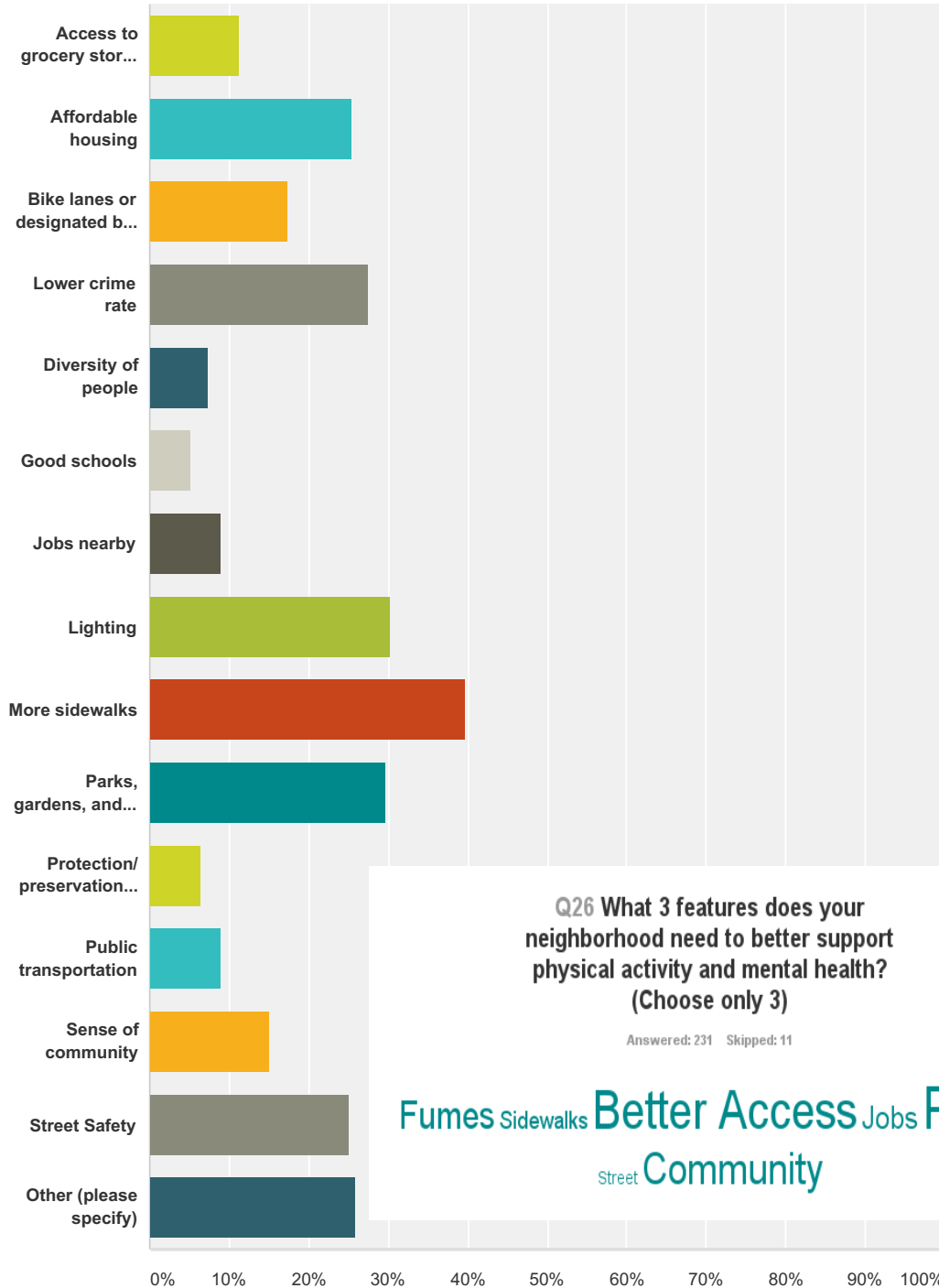
Answer Choices	Responses	Count
Access to groceries and shopping	44.54%	106
Affordable housing	23.95%	57
Close to downtown	46.22%	110

## Missoula Invest Health Survey

Diversity of people	13.87%	33
Good schools	15.13%	36
Jobs nearby	13.45%	32
Low crime rate	18.91%	45
Parks and playgrounds	53.36%	127
Restroom facilities	4.62%	11
All ability play equipment	2.94%	7
Public transportation	37.39%	89
Sense of community	26.89%	64
Street safety	18.91%	45
Other (please specify)	8.82%	21
<b>Total Respondents: 238</b>		

**Q26 What 3 features does your neighborhood need to better support physical activity and mental health? (Choose only 3)**

Answered: 232 Skipped: 11



**Q26 What 3 features does your neighborhood need to better support physical activity and mental health? (Choose only 3)**

Answered: 231 Skipped: 11

Fumes Sidewalks Better Access Jobs Park  
Street Community

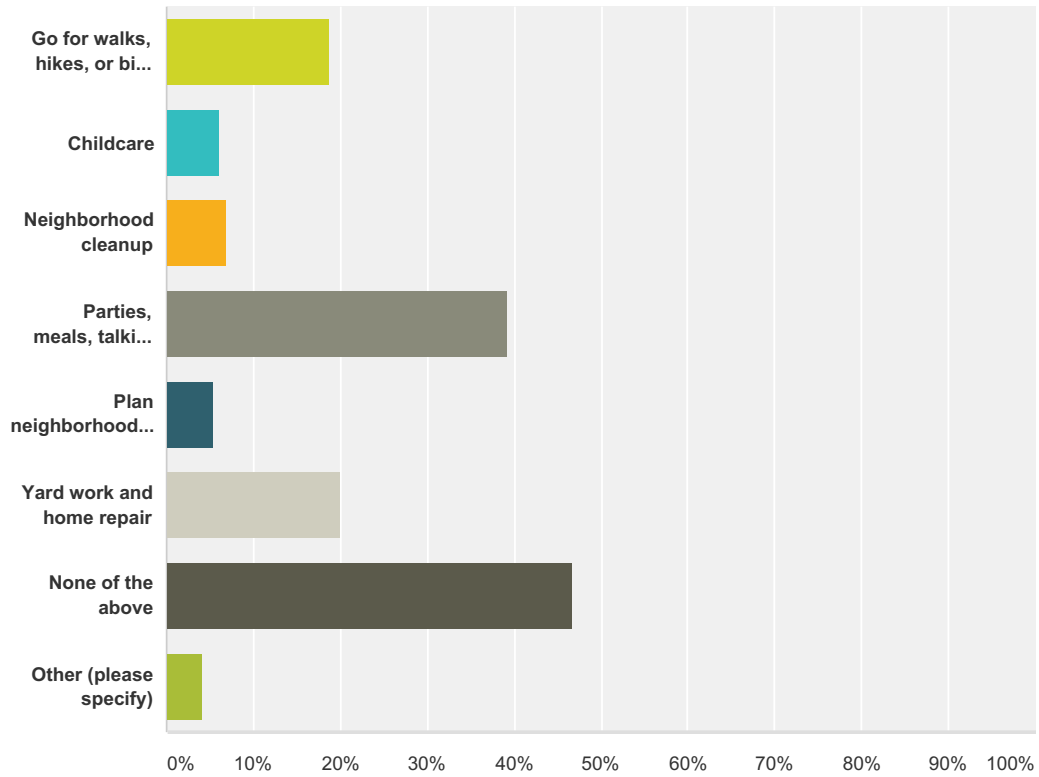
Answer Choices	Responses
Access to grocery stores and other shopping	11.21%

## Missoula Invest Health Survey

Affordable housing	<b>25.43%</b>	59
Bike lanes or designated bike routes	<b>17.24%</b>	40
Lower crime rate	<b>27.59%</b>	64
Diversity of people	<b>7.33%</b>	17
Good schools	<b>5.17%</b>	12
Jobs nearby	<b>9.05%</b>	21
Lighting	<b>30.17%</b>	70
More sidewalks	<b>39.66%</b>	92
Parks, gardens, and open spaces	<b>29.74%</b>	69
Protection/ preservation of historic houses and buildings	<b>6.47%</b>	15
Public transportation	<b>9.05%</b>	21
Sense of community	<b>15.09%</b>	35
Street Safety	<b>25.00%</b>	58
Other (please specify)	<b>25.86%</b>	60
<b>Total Respondents: 232</b>		

### Q27 What kinds of activities do you do with your neighbors?

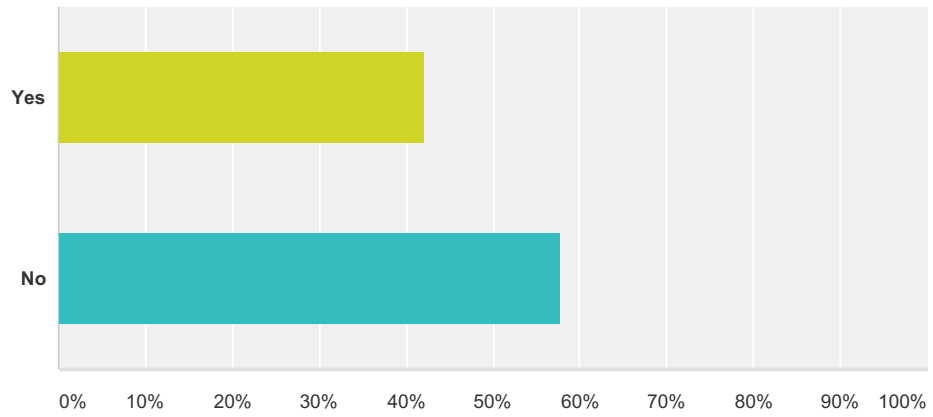
Answered: 235 Skipped: 8



Answer Choices	Responses
Go for walks, hikes, or bike rides	18.72% 44
Childcare	5.96% 14
Neighborhood cleanup	6.81% 16
Parties, meals, talking, ect.	39.15% 92
Plan neighborhood activities	5.53% 13
Yard work and home repair	20.00% 47
None of the above	46.81% 110
Other (please specify)	4.26% 10
<b>Total Respondents: 235</b>	

### Q28 Do you grow some of your own food?

Answered: 237 Skipped: 6

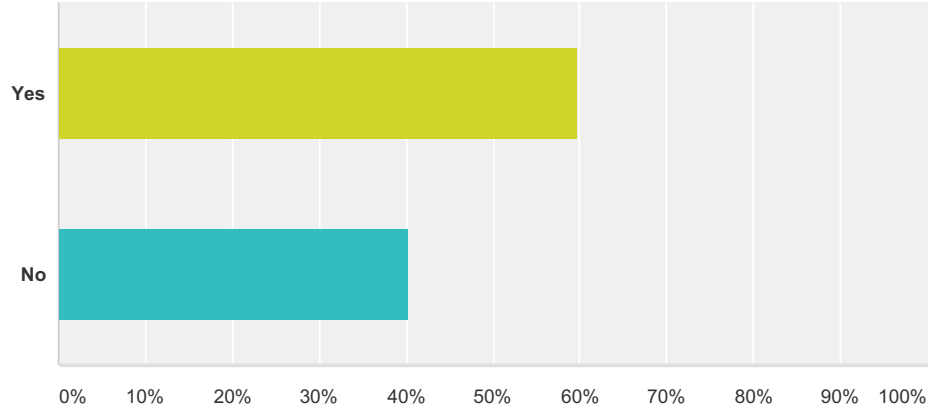


Answer Choices	Responses	
Yes	42.19%	100
No	57.81%	137
<b>Total</b>		<b>237</b>



**Q29 During the last 12 months, have you gone to a supermarket or grocery store with 5 blocks of your home?**

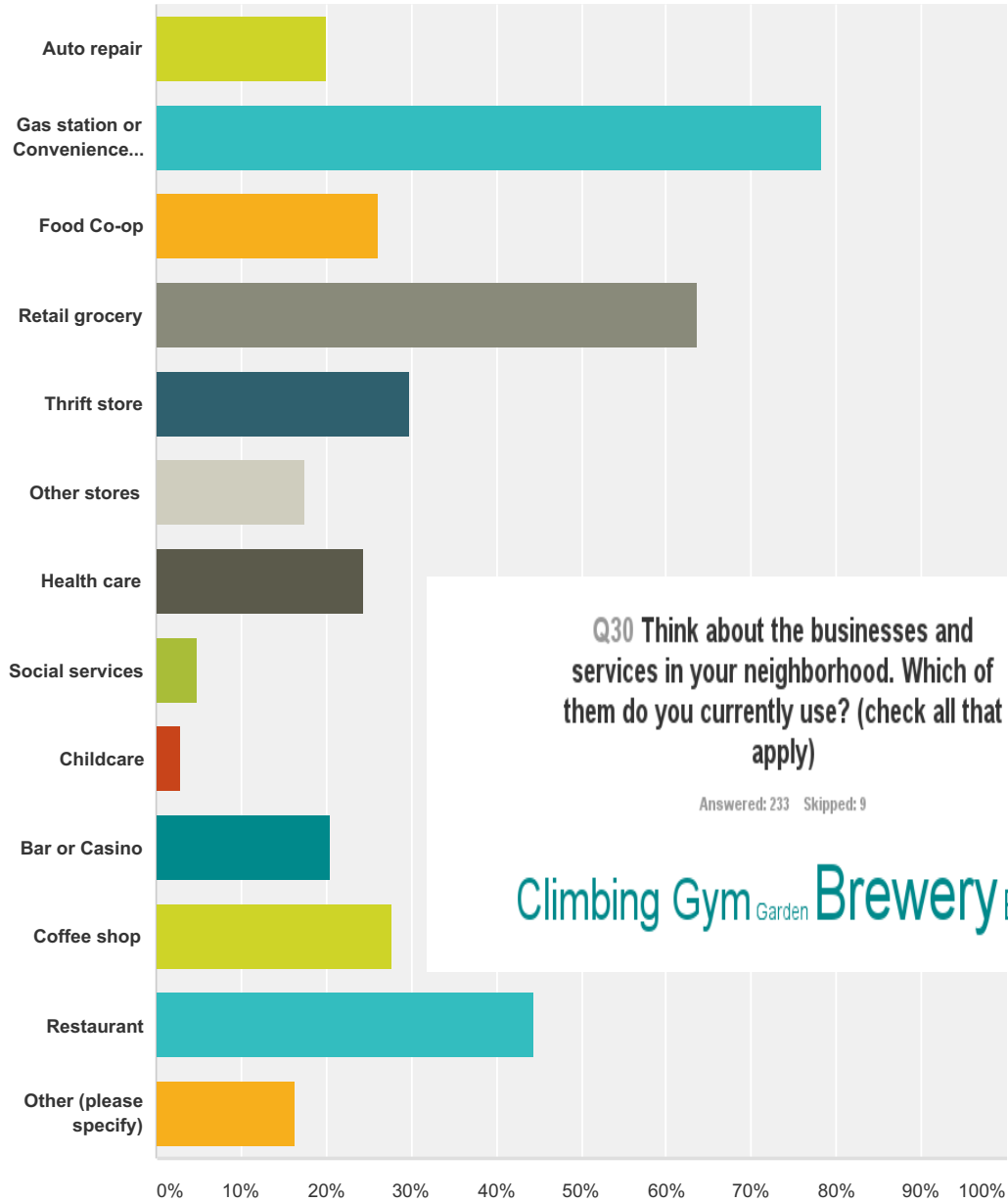
Answered: 231 Skipped: 12



Answer Choices	Responses	
Yes	59.74%	138
No	40.26%	93
<b>Total</b>		<b>231</b>

**Q30 Think about the businesses and services in your neighborhood. Which of them do you currently use? (check all that apply)**

Answered: 234 Skipped: 9



Q30 Think about the businesses and services in your neighborhood. Which of them do you currently use? (check all that apply)

Answered: 233 Skipped: 9

Climbing Gym Garden Brewery Bus

Answer Choices	Responses
Auto repair	20.09% 47
Gas station or Convenience store	78.21% 183
Food Co-op	26.07% 61
Retail grocery	63.68% 149

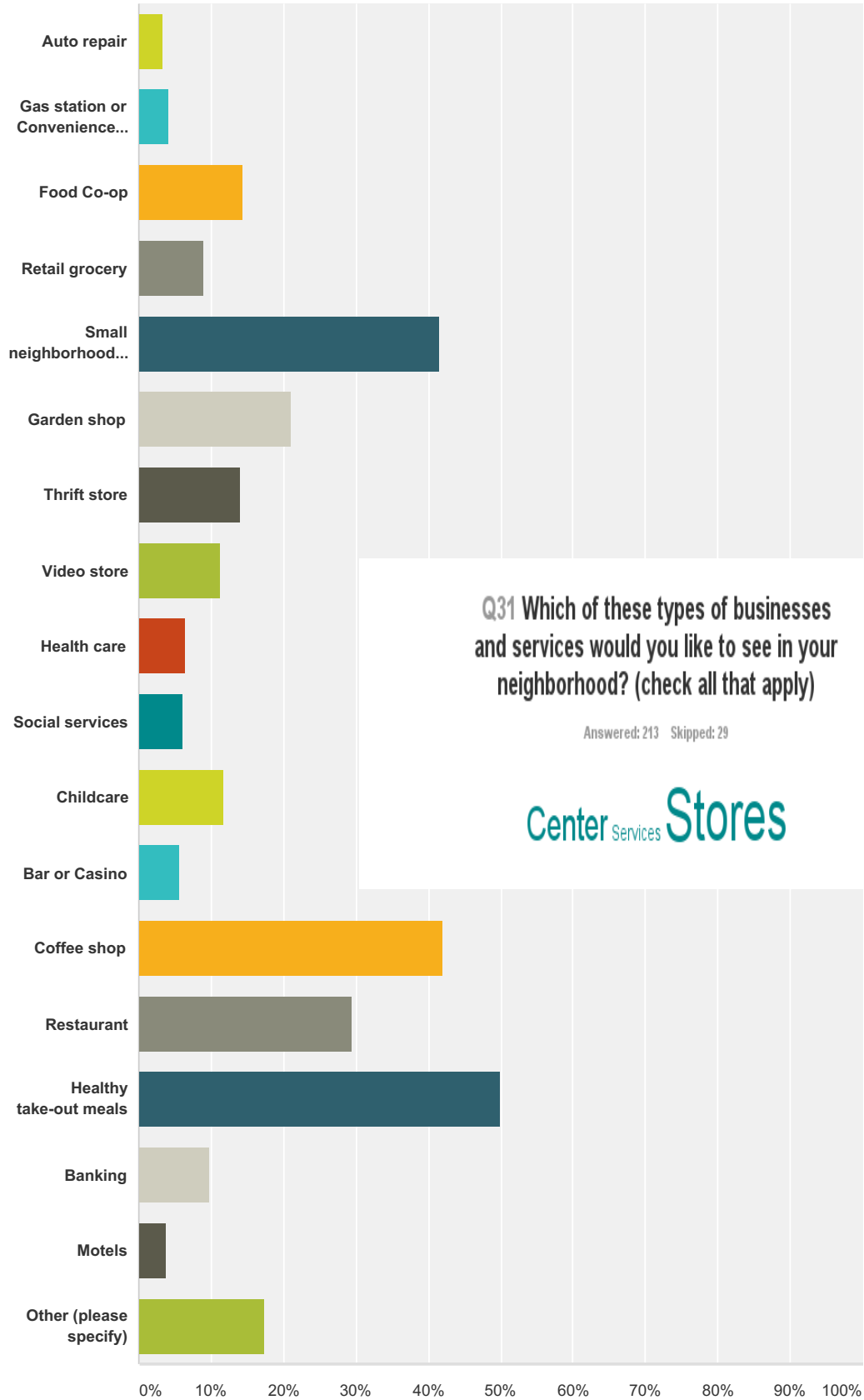
## Missoula Invest Health Survey

Thrift store	29.91%	70
Other stores	17.52%	41
Health care	24.36%	57
Social services	4.70%	11
Childcare	2.99%	7
Bar or Casino	20.51%	48
Coffee shop	27.78%	65
Restaurant	44.44%	104
Other (please specify)	16.24%	38
<b>Total Respondents: 234</b>		

**Q31 Which of these types of businesses and services would you like to see in your neighborhood? (check all that apply)**

Answered: 214 Skipped: 29

# Missoula Invest Health Survey



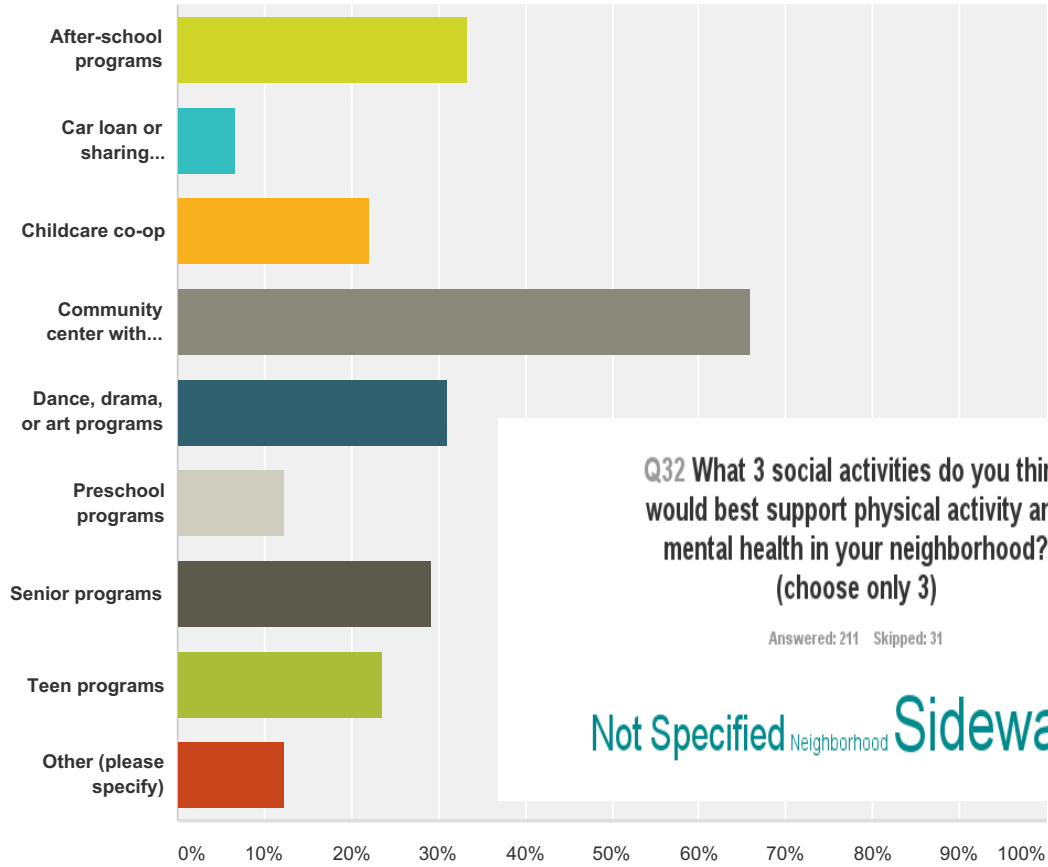
Answer Choices	Responses
Auto repair	3.27% 7

## Missoula Invest Health Survey

Gas station or Convenience store	4.21%	9
Food Co-op	14.49%	31
Retail grocery	8.88%	19
Small neighborhood grocery	41.59%	89
Garden shop	21.03%	45
Thrift store	14.02%	30
Video store	11.21%	24
Health care	6.54%	14
Social services	6.07%	13
Childcare	11.68%	25
Bar or Casino	5.61%	12
Coffee shop	42.06%	90
Restaurant	29.44%	63
Healthy take-out meals	50.00%	107
Banking	9.81%	21
Motels	3.74%	8
Other (please specify)	17.29%	37
<b>Total Respondents: 214</b>		

**Q32 What 3 social activities do you think would best support physical activity and mental health in your neighborhood? (choose only 3)**

Answered: 212 Skipped: 31



Q32 What 3 social activities do you think would best support physical activity and mental health in your neighborhood? (choose only 3)

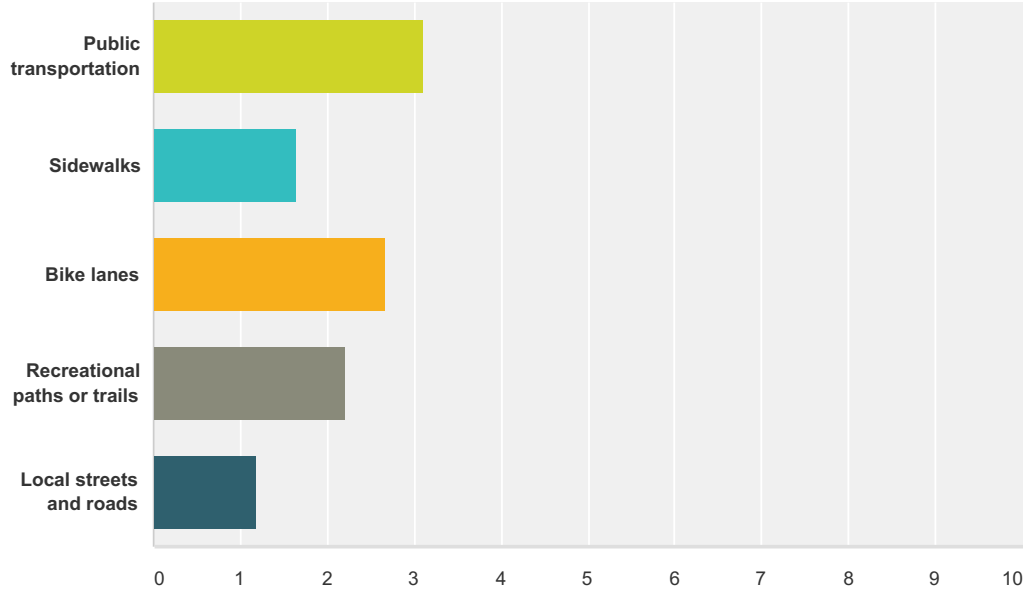
Answered: 211 Skipped: 31

Not Specified Neighborhood Sidewalks

Answer Choices	Responses
After-school programs	33.49% 71
Car loan or sharing programs	6.60% 14
Childcare co-op	22.17% 47
Community center with space for physical activity	66.04% 140
Dance, drama, or art programs	31.13% 66
Preschool programs	12.26% 26
Senior programs	29.25% 62
Teen programs	23.58% 50
Other (please specify)	12.26% 26
<b>Total Respondents: 212</b>	

**Q33 During the last 12 months, how often did you use each of the following near where you live:**

Answered: 237 Skipped: 6

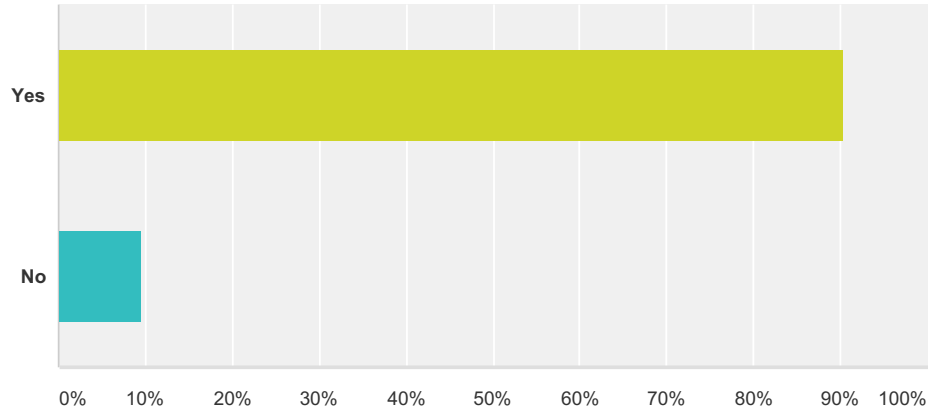


	Often	Sometimes	Rarely	Never	Not near me	Total	Weighted Average
Public transportation	12.93% 30	16.38% 38	18.10% 42	52.16% 121	0.43% 1	232	3.11
Sidewalks	62.29% 147	22.46% 53	6.78% 16	5.08% 12	3.39% 8	236	1.65
Bike lanes	32.16% 73	14.98% 34	11.01% 25	36.12% 82	5.73% 13	227	2.68
Recreational paths or trails	43.23% 99	25.76% 59	7.86% 18	13.54% 31	9.61% 22	229	2.21
Local streets and roads	86.75% 203	9.40% 22	2.14% 5	1.71% 4	0.00% 0	234	1.19



**Q34 During the last 12 months, have you gone to a park, playground, or other green space?**

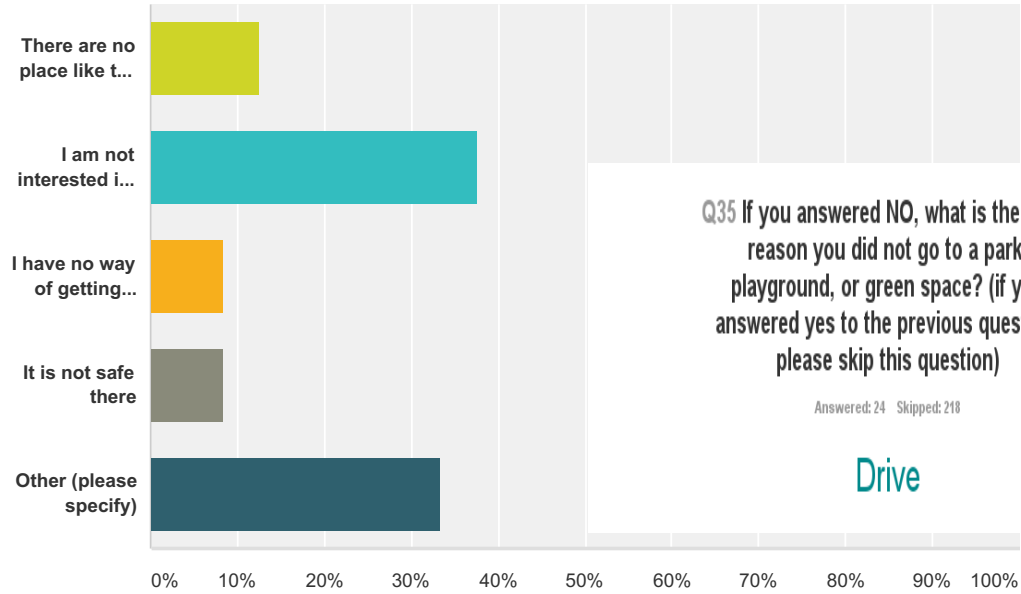
Answered: 221 Skipped: 22



Answer Choices	Responses
Yes	90.50% 200
No	9.50% 21
<b>Total</b>	<b>221</b>

**Q35 If you answered NO, what is the major reason you did not go to a park, playground, or green space? (if you answered yes to the previous question, please skip this question)**

Answered: 24 Skipped: 219



Q35 If you answered NO, what is the major reason you did not go to a park, playground, or green space? (if you answered yes to the previous question, please skip this question)

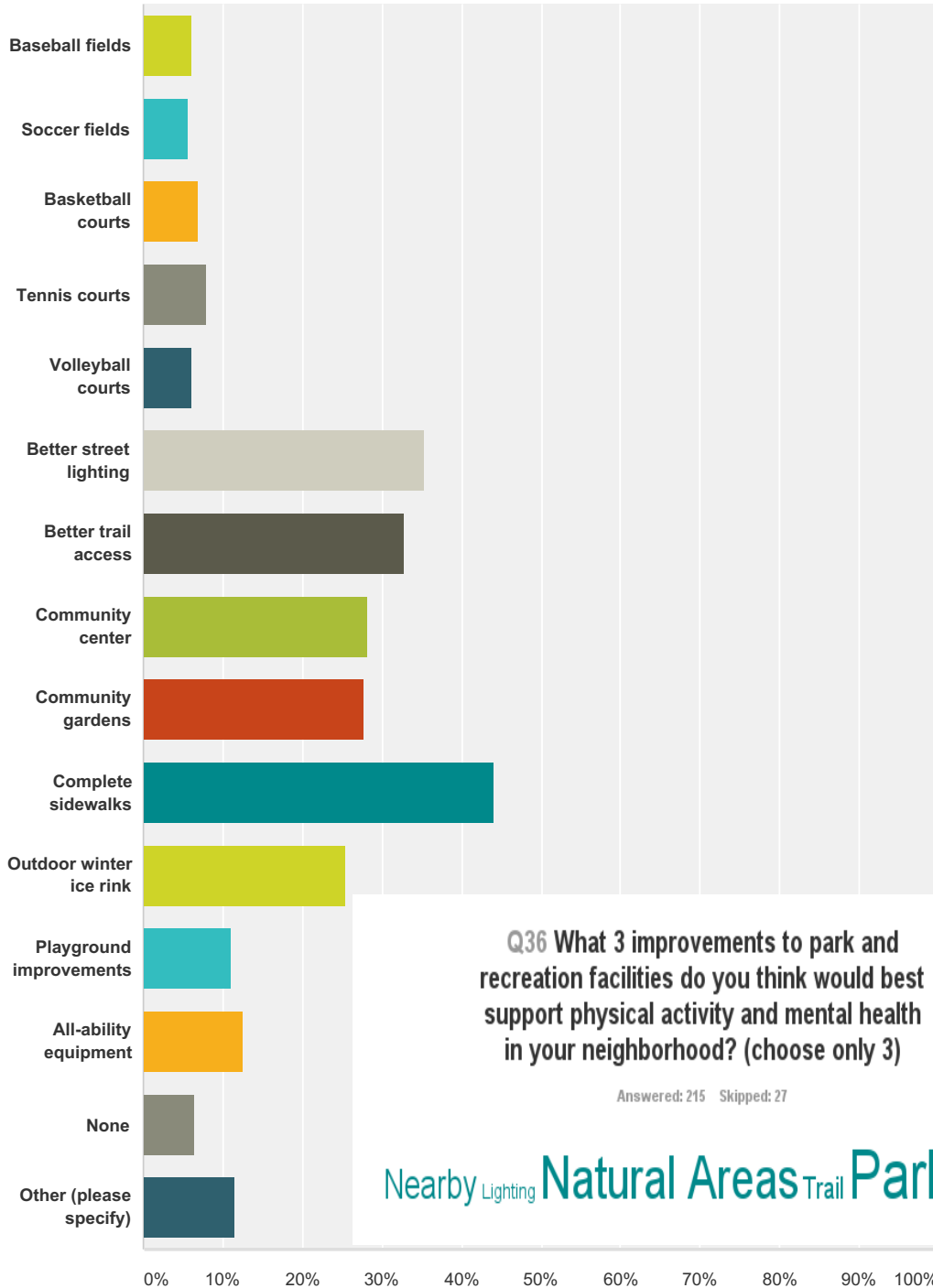
Answered: 24 Skipped: 218

Drive

Answer Choices	Responses
There are no place like that near me	12.50% 3
I am not interested in going	37.50% 9
I have no way of getting there	8.33% 2
It is not safe there	8.33% 2
Other (please specify)	33.33% 8
<b>Total</b>	<b>24</b>

**Q36 What 3 improvements to park and recreation facilities do you think would best support physical activity and mental health in your neighborhood? (choose only 3)**

Answered: 216 Skipped: 27



**Q36 What 3 improvements to park and recreation facilities do you think would best support physical activity and mental health in your neighborhood? (choose only 3)**

Answered: 215 Skipped: 27

Nearby Lighting Natural Areas Trail Park Bike

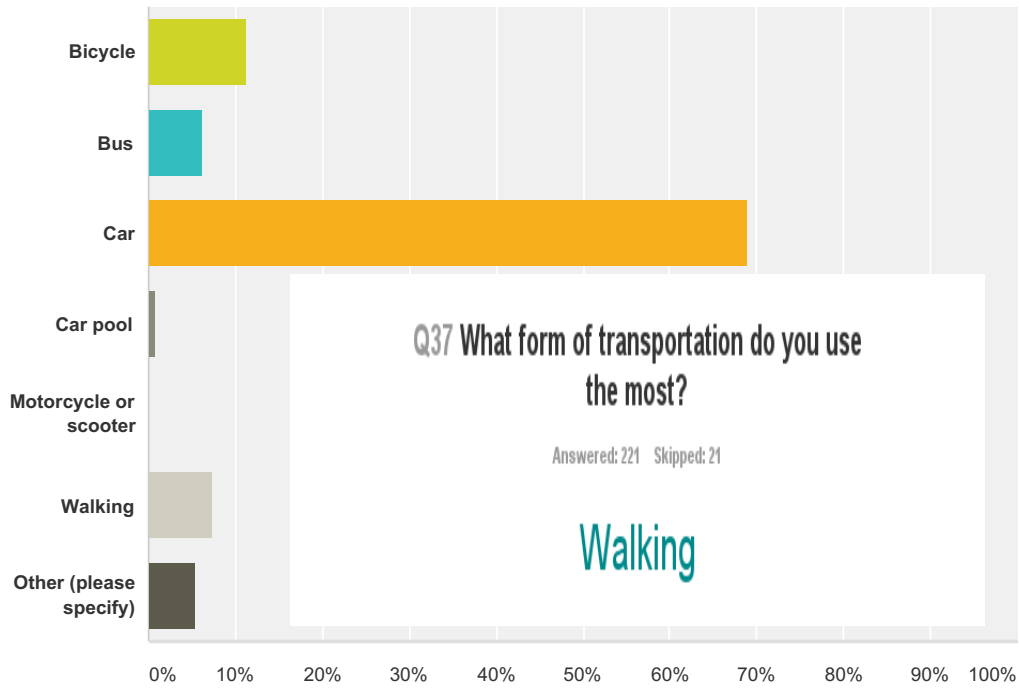
Answer Choices	Responses
Baseball fields	6.02%

## Missoula Invest Health Survey

Soccer fields	5.56%	12
Basketball courts	6.94%	15
Tennis courts	7.87%	17
Volleyball courts	6.02%	13
Better street lighting	35.19%	76
Better trail access	32.87%	71
Community center	28.24%	61
Community gardens	27.78%	60
Complete sidewalks	43.98%	95
Outdoor winter ice rink	25.46%	55
Playground improvements	11.11%	24
All-ability equipment	12.50%	27
None	6.48%	14
Other (please specify)	11.57%	25
<b>Total Respondents: 216</b>		

### Q37 What form of transportation do you use the most?

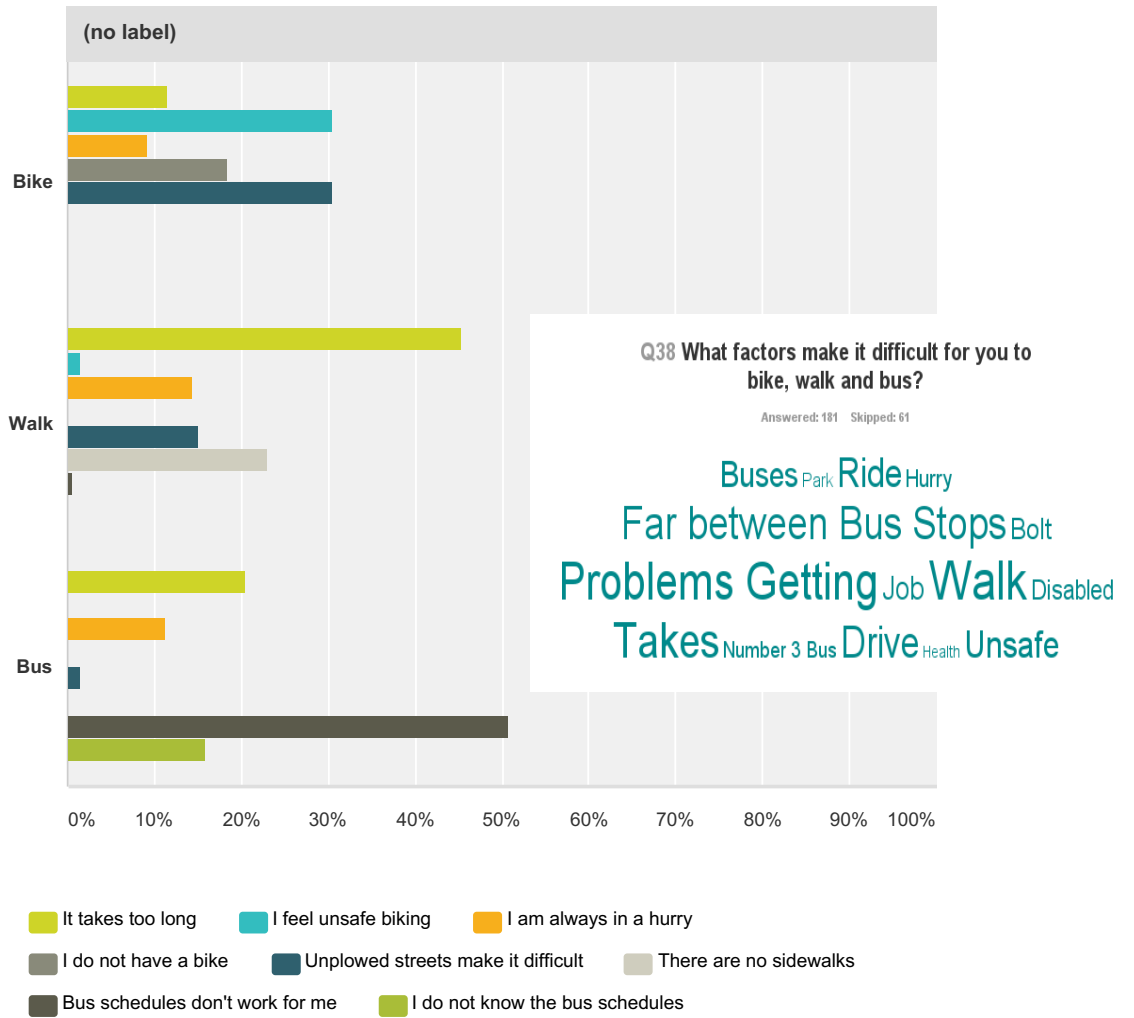
Answered: 222 Skipped: 21



Answer Choices	Responses	Count
Bicycle	11.26%	25
Bus	6.31%	14
Car	68.92%	153
Car pool	0.90%	2
Motorcycle or scooter	0.00%	0
Walking	7.21%	16
Other (please specify)	5.41%	12
<b>Total</b>		<b>222</b>

### Q38 What factors make it difficult for you to bike, walk and bus?

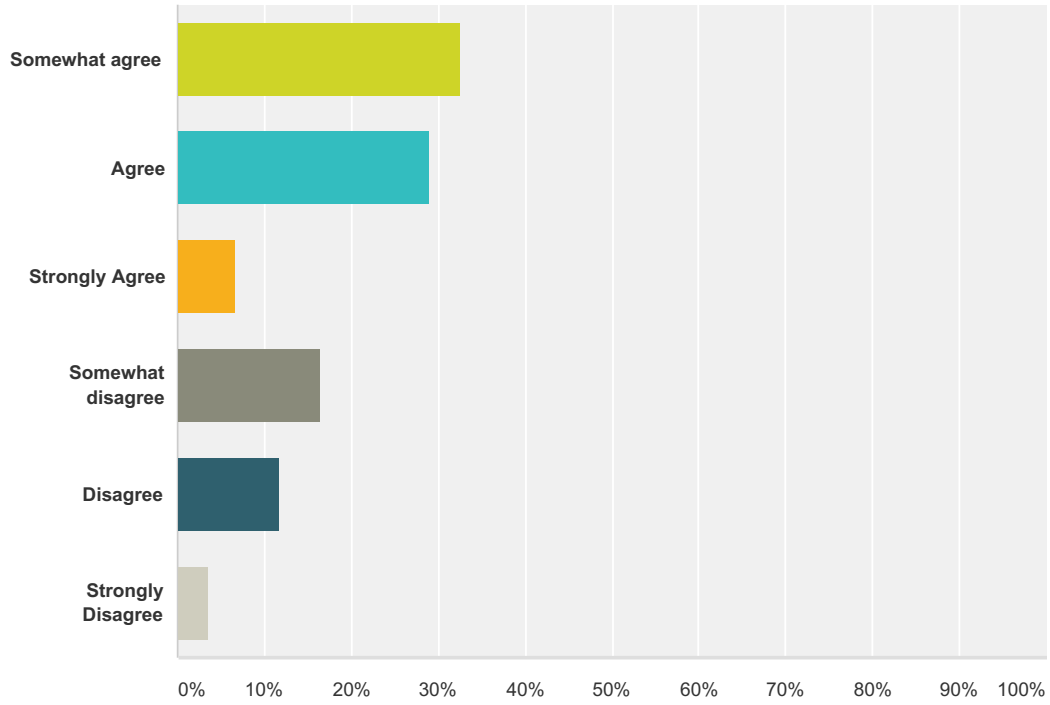
Answered: 182 Skipped: 61



(no label)									
	It takes too long	I feel unsafe biking	I am always in a hurry	I do not have a bike	Unplowed streets make it difficult	There are no sidewalks	Bus schedules don't work for me	I do not know the bus schedules	Total
Bike	11.59% 19	30.49% 50	9.15% 15	18.29% 30	30.49% 50	0.00% 0	0.00% 0	0.00% 0	164
Walk	45.32% 63	1.44% 2	14.39% 20	0.00% 0	15.11% 21	23.02% 32	0.72% 1	0.00% 0	139
Bus	20.45% 27	0.00% 0	11.36% 15	0.00% 0	1.52% 2	0.00% 0	50.76% 67	15.91% 21	132

### Q39 My neighborhood is safe.

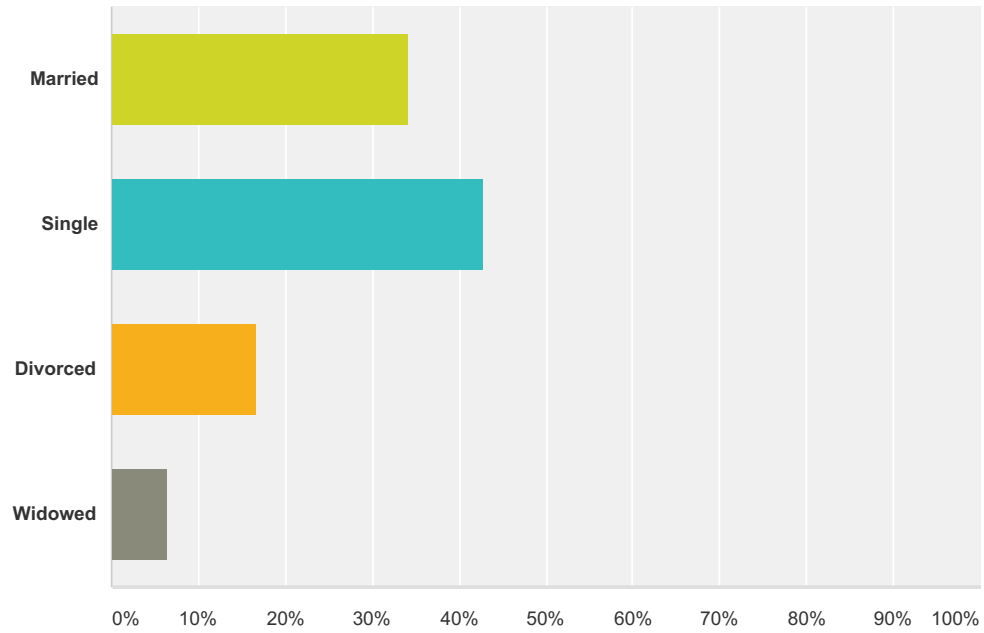
Answered: 224 Skipped: 19



Answer Choices	Responses	Count
Somewhat agree	32.59%	73
Agree	29.02%	65
Strongly Agree	6.70%	15
Somewhat disagree	16.52%	37
Disagree	11.61%	26
Strongly Disagree	3.57%	8
<b>Total</b>		<b>224</b>

### Q40 What is your marital status?

Answered: 234 Skipped: 9

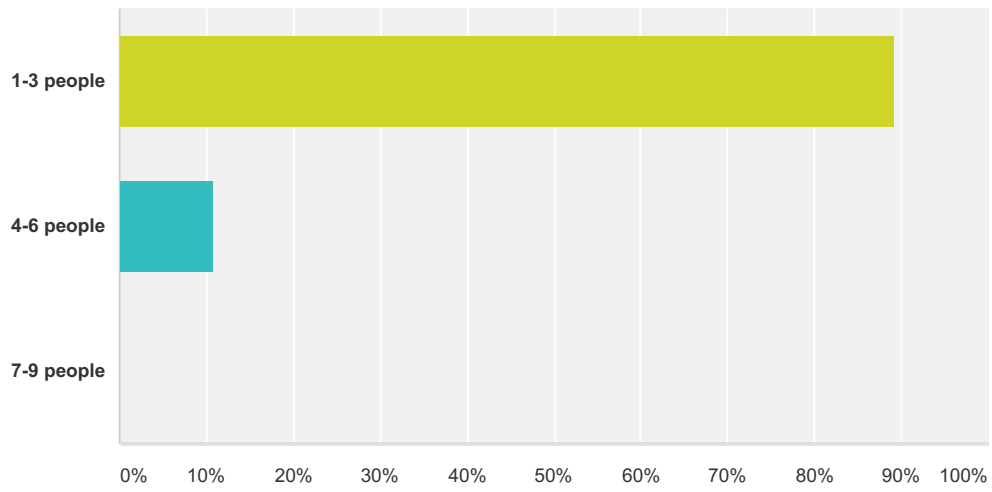


Answer Choices	Responses
Married	34.19% 80
Single	42.74% 100
Divorced	16.67% 39
Widowed	6.41% 15
<b>Total</b>	<b>234</b>



### Q41 How many people live in your household? Count yourself.

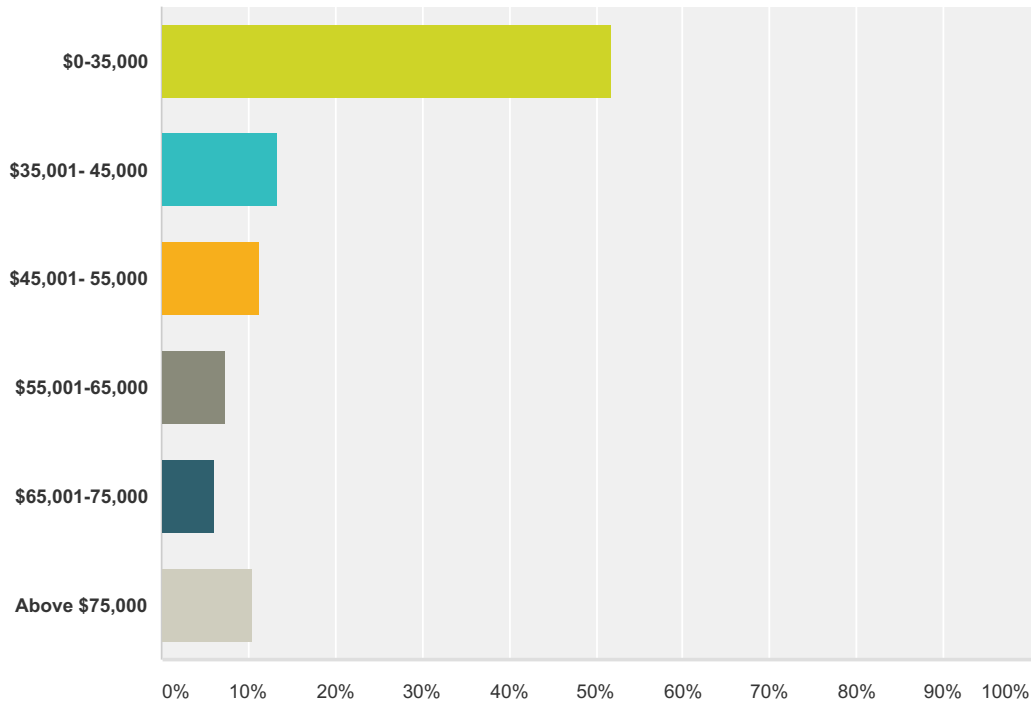
Answered: 232 Skipped: 11



Answer Choices	Responses
1-3 people	89.22% 207
4-6 people	10.78% 25
7-9 people	0.00% 0
<b>Total</b>	<b>232</b>

### Q42 What is your total gross annual household income?

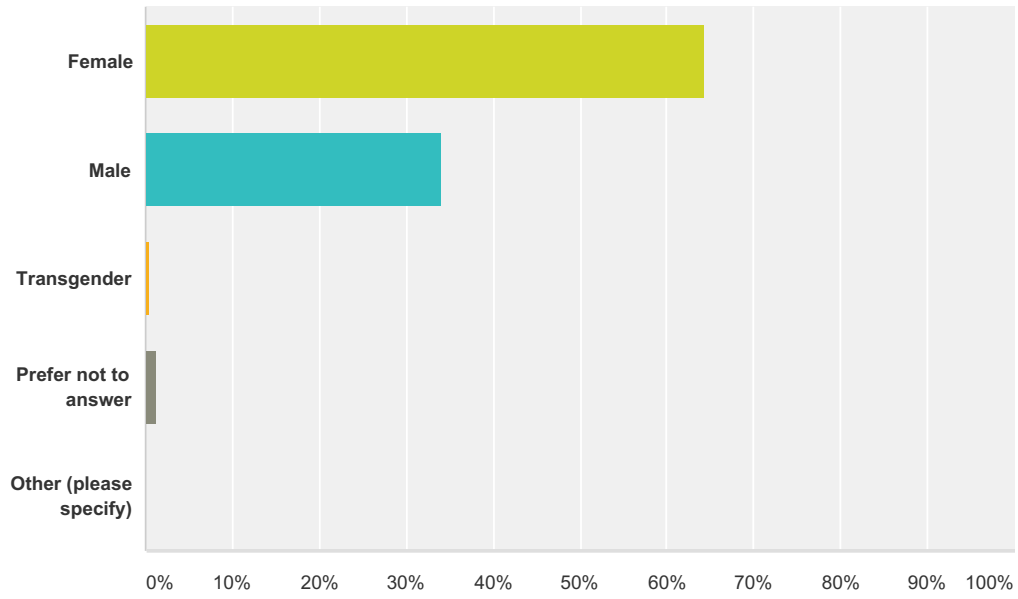
Answered: 232 Skipped: 11



Answer Choices	Responses	
\$0-35,000	51.72%	120
\$35,001- 45,000	13.36%	31
\$45,001- 55,000	11.21%	26
\$55,001-65,000	7.33%	17
\$65,001-75,000	6.03%	14
Above \$75,000	10.34%	24
<b>Total</b>		<b>232</b>

### Q43 How do you define your gender?

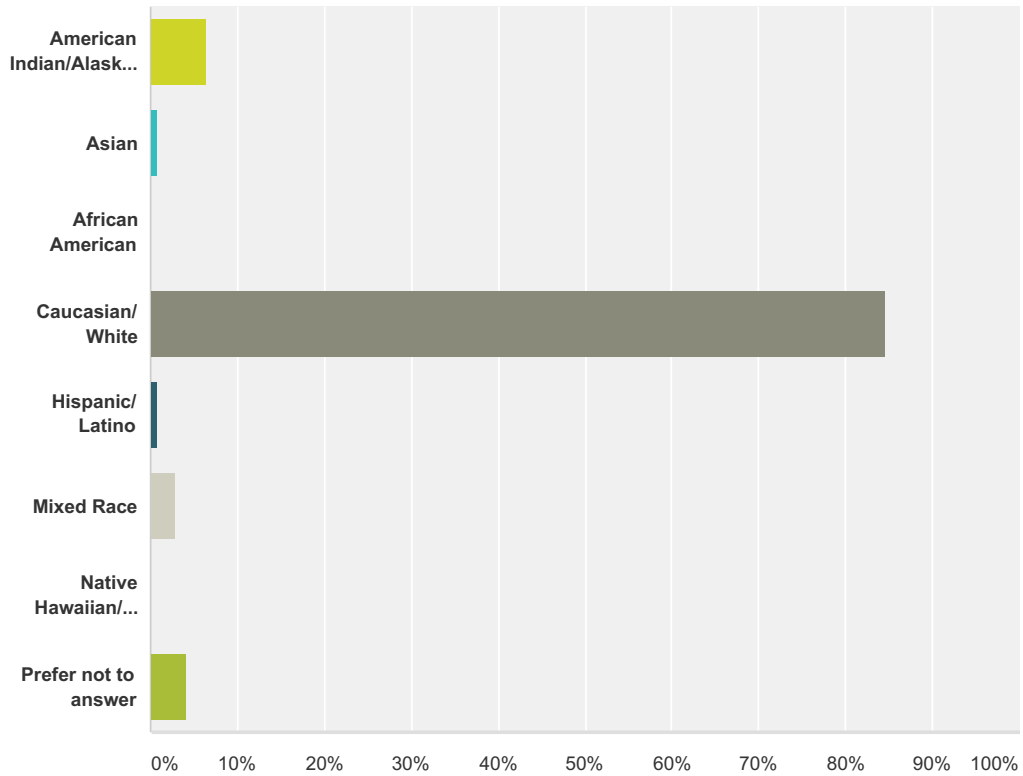
Answered: 235 Skipped: 8



Answer Choices	Responses	
Female	64.26%	151
Male	34.04%	80
Transgender	0.43%	1
Prefer not to answer	1.28%	3
Other (please specify)	0.00%	0
<b>Total</b>		<b>235</b>

### Q44 What is your race?

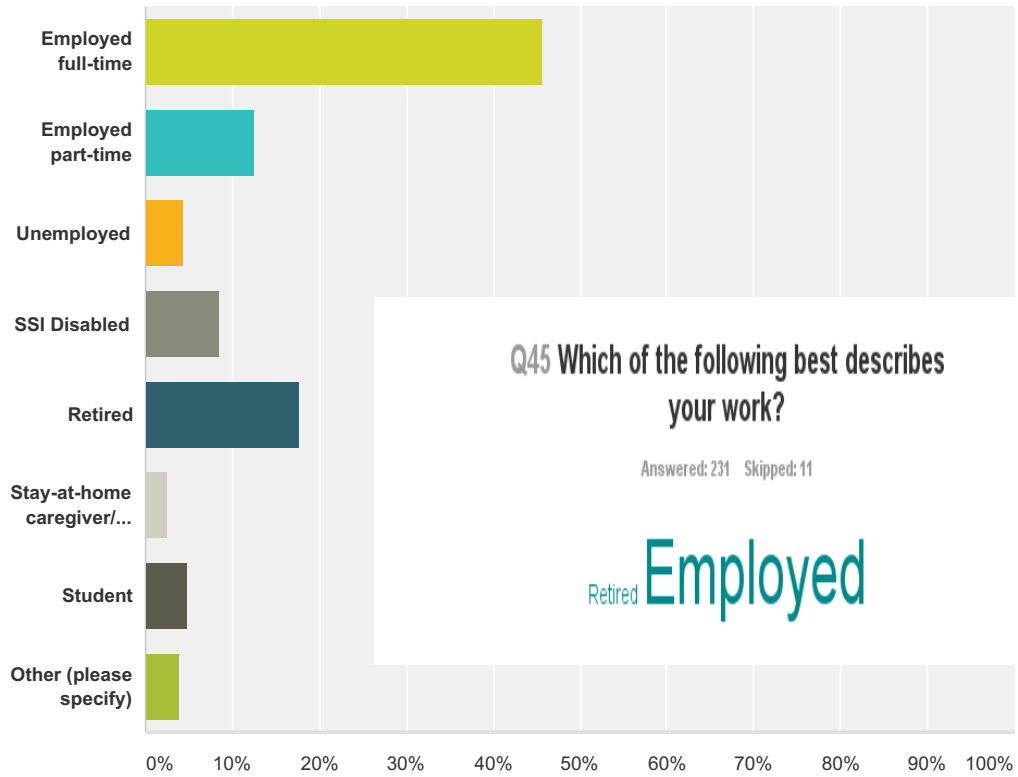
Answered: 234 Skipped: 9



Answer Choices	Responses	
American Indian/Alaskan Native	6.41%	15
Asian	0.85%	2
African American	0.00%	0
Caucasian/ White	84.62%	198
Hispanic/ Latino	0.85%	2
Mixed Race	2.99%	7
Native Hawaiian/ Pacific Islander	0.00%	0
Prefer not to answer	4.27%	10
<b>Total</b>		<b>234</b>

### Q45 Which of the following best describes your work?

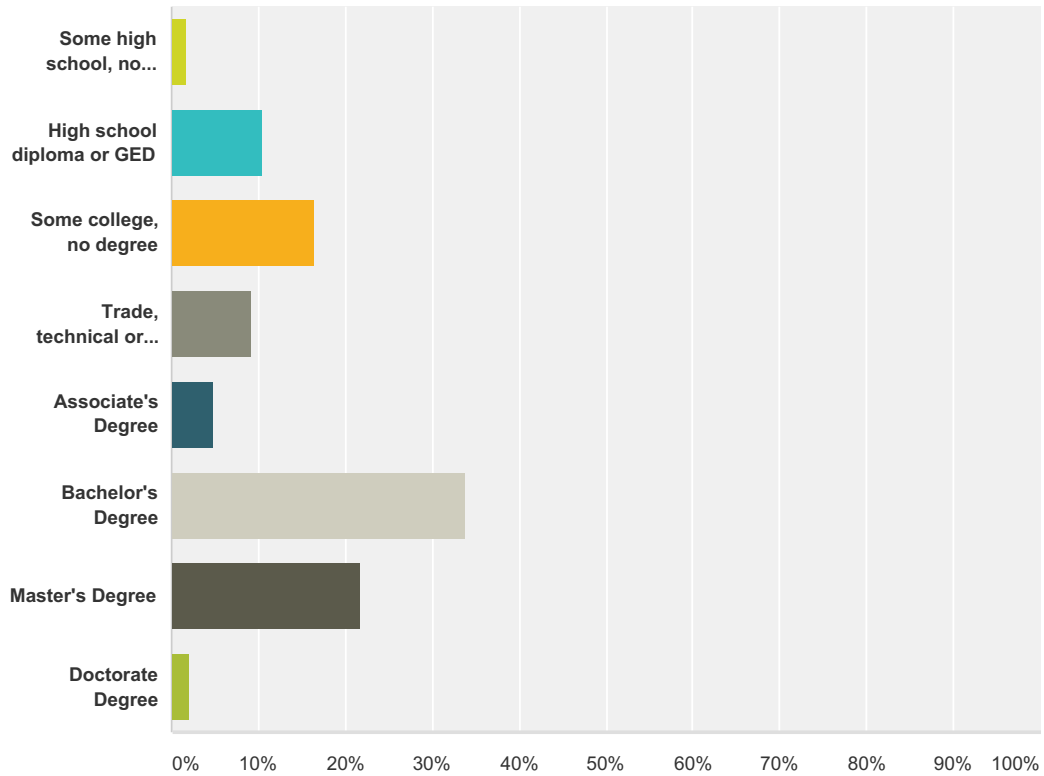
Answered: 232 Skipped: 11



Answer Choices	Responses
Employed full-time	45.69% 106
Employed part-time	12.50% 29
Unemployed	4.31% 10
SSI Disabled	8.62% 20
Retired	17.67% 41
Stay-at-home caregiver/ Parent	2.59% 6
Student	4.74% 11
Other (please specify)	3.88% 9
<b>Total</b>	<b>232</b>

### Q46 How much schooling do you have?

Answered: 231 Skipped: 12



Answer Choices	Responses
Some high school, no diploma	1.73% 4
High school diploma or GED	10.39% 24
Some college, no degree	16.45% 38
Trade, technical or vocational training	9.09% 21
Associate's Degree	4.76% 11
Bachelor's Degree	33.77% 78
Master's Degree	21.65% 50
Doctorate Degree	2.16% 5
<b>Total</b>	<b>231</b>

**Q47 Write in your Name, Email and Phone Number and we will clip the ticket to enter you for a cash prize. Each neighborhood will have three cash prize drawings: \$300, \$200, OR \$100 Your answers will remain anonymous.**

Answered: 160 Skipped: 83

Answer Choices	Responses	
Name	100.00%	160
Company	0.00%	0
Address	0.00%	0
Address 2	0.00%	0
City/Town	0.00%	0
State/Province	0.00%	0
ZIP/Postal Code	0.00%	0
Country	0.00%	0
Email Address	84.38%	135
Phone Number	98.13%	157