



McCormick Park 600 Cregg Ln. 721-PARK (7275)  
 Currents Aquatics Center is the year-round indoor water park in McCormick Park and is home to department headquarters, registration desk and "Headwaters" meeting room, a state-of-the-art community room available for public use.

- Ultraviolet light supplemental sanitation system for pristine water with less chlorine.
- Children's water playground with zero-depth entry, spray features and grizzly bear slide.
- 20-yard lap lanes.
- Two exciting waterslides—2-stories tall!\*
- Sparkling spa - bromine-santized for your comfort.
- Kersplash Poolside Climbing Wall
- Ripples Party Room
- Swim lessons and fitness classes
- Wireless internet access

**Lobby Hours**

Monday–Friday 6am - 8pm  
 Saturday 8am – 6pm  
 Sunday 10am – 6pm

Registration desk open to purchase season passes, punch cards and register for all Parks and Recreation programs. \*Must be 48" tall and able to swim to ride slides.

**Winter Recreation Swim • Starts Jan. 3, 2022**

Day	Recreation Swim	Slides/spray/climbing wall ON
M	12 – 8 pm	4 – 8 pm
T	12 – 5 pm	No rec swim after 5 pm for swim lessons
W	12 – 8 pm	4 – 8 pm
TH	12 – 5 pm	No rec swim after 5 pm for swim lessons
F	12 – 6 pm	4 – 6 pm
S	12 – 6 pm	12 – 6 pm
S	12 – 6 pm	12 – 6 pm

Slides and spray features may be available during other recreation swim hours, just check with a lifeguard! No reservations needed. Masks and physical distancing recommended in all indoor areas. Masks are not permitted while swimming.

**Currents Sparkling Spa & Swim Channel**

Soak away the day's stress in our sparkling spa. Spa use is limited to persons 5 years and older. Children between the ages of 5-11 must be directly supervised by an adult. Use the current in the Swim Channel for low impact resistance exercise. Spa Open daily, Swim Channel M-F 6-10 am, Sat 8-10 am. No reservations required.

**Lap Swim (Jan 3. through May, 2022)**

Kick boards, pull-buoys, and flippers are available for use. 20-yard lanes. Ages 14 and up. Regular admission. [Save 25-55% with a punch card or annual pass.](#)

Drop-in and reservation options available, see details below.

DAYS	TIME	# LANES
Mon/Wed/Fri	6 – 9 am	4
	11 am - 1 pm	4
	1 - 4 pm	2
	4 - 8 pm (4-6 pm Fridays)	1
Tuesday/Thursday	7 - 9:15 am	4
	10:15 am - 1:15 pm	4
	2 - 4 pm	2
Saturday	8 - 9 am	4
	10 am - 6 pm	1
Sunday	10 am - 12 pm	4
	12 - 6 pm	1

Please note: We do our best to maximize Recreation Swim and Lap Swim hours. The schedule above represents the lane availability that we strive to maintain. Check the programming calendar at Currents front desk or missoulaparks.org for updates. Brief closures of the splash pool, slides or lap pool enhance the quality of your experience in lessons and fitness programs.

**Currents Holiday Hours and Closures**

Lap swim/Aquacize meet as scheduled unless otherwise noted. Climbing wall open during holiday hours unless otherwise noted.

M-Th, Dec 20 -23	School's Out	Rec Swim 12-8
F-Sat, Dec 24-25	City holidays	Closed
Sun, Dec 26	School's Out	Rec Swim 12-6
M-Th, Dec 27-30	School's Out	Rec Swim 12-8
Fri, Dec 31	New Year's Eve	Rec Swim 12-6 First Night Special 12-6
Sat, Jan 1	New Year's Day	Rec and Lap Swim 12-6
Mon, Jan 17	MLK Day	Rec Swim 12-8
Mon, Feb. 21	Presidents Day	Rec Swim 12-8
Thurs, Mar 17	School's Out	Rec Swim 12-8
Fri, Mar 18	School's Out	Rec Swim 12-6
M-Th, Mar -21-24	Spring Break	Rec Swim 12-8
Fri, Mar 25	Spring Break	Rec Swim 12-6



Drop the kids at Currents and enjoy an evening out!

**Parents' Night Out**

Enjoy a dinner date or explore First Friday art events without the kids in tow! Drop the kids at Currents for supervised fun in the pool and a pizza dinner. Ages 7 and up. Please register early so we know how many will attend. [Register online](#) or phone 721-PARK.

Fee	\$25 per child	Ages 7 and up
Meets	First Friday of the month, 5 - 7:30pm	
DATE	ACTIVITY #	SECTION #
Feb. 4	1130506	1EVE6
Mar. 4	1130506	2EVE6
Apr. 1	1130506	3EVE6

**Currents Daily Admission**

All patrons must pay admission before entering pool area, thanks for your cooperation. Save up to 55% with passes/punchcards! Masks recommended in all indoor areas, except while swimming.

Age	Regular Fee	w/CityCard
1 Year and Under	No charge	
Pre-K ages 2 - 6	\$4.00	\$3.25
Youth ages 7 - 12	\$5.00	\$4.00
Student ages 13 -17	\$5.50	\$4.50
Senior (ages 60+)	\$5.50	\$4.50
Adult ages 18 - 59	\$7.25	\$6.00
Spectator (non-swimmer) discounted admission		
Adult ages 18 - 59	\$3.50	\$3.50
Senior (ages 60+)	\$2.75	\$2.75

Passes and punchcard info at [missoulaparks.org](http://missoulaparks.org).

Find us on Facebook for aquatics news and special events!



Increase muscle strength, flexibility and cardio fitness! All fitness levels welcome, no swimming skill required. Drop-in, no reservations needed, regular admission fees. Ages 16+.

M/W/F/Sat	M/W/F	T/Th
9 - 9:50 am Shallow water	10 - 10:50 am Shallow water	6:15 - 7 am Deep water
		9:15 - 10 am Shallow water
		1:15 - 2 pm Shallow water
		6 - 6:50 pm Shallow & deep water

[Purchase a 30-swim punch card or annual pass and save 25-55%!](#)



## Inner Tube Water Polo League

- A splashing good time!
- The fun of water polo without having to tread water.
- Minimal swimming ability required.

Fun, exciting and best of all... you don't need a lot of experience to be competitive! Sit in the tube, pass the ball and score! Don't get caught holding onto the ball too long—you might get tipped out of the tube!

Five-player co-rec teams square off in the water in tournament play, little actual swimming ability required. Games are two, 12-minute halves. Teams are comprised of 5 players; including a mixture of genders. Ages 16 and up.

Registration Deadline: 4pm, Jan. 5

Fee: \$96 per team (max of 10 players per roster)

Dates: Sundays, Jan 16 – Mar 13 (No games Feb 13)

Games played 6 -9pm, depending on number of teams in league. Activity #: 1152906

Mandatory Captain's Meeting: Jan. 9, 6 pm at Currents (Open scrimmage 6:30-7:30p for players after the meeting.)

## Adult Swim Development & Fitness School

### Learn to swim or improve your technique!

Knowledgeable instructors teach you to swim or help you achieve your aquatics fitness goals. Swimming reduces stress, builds cardio endurance and works all the major muscle groups. Swimming is great for lifelong fitness and is a valuable skill which could help save a life! Ages 16+. Activity # 1150206

DAYS	DATES	TIMES	SECTION #	FEE**
T/Th	Feb 1 – 24	7-7:45 pm	2PM9	\$46/37/35
T/Th	Mar 29 – Apr 21	7-7:45 pm	3PM9	\$46/37/35

\*\*Regular fee/with CityCard/Annual Pass Holder

## Currents Open Kayak Nights

Bring your cleaned and scoured kayak/paddle/skirt/life jacket to work on your roll skills. Currents provides pool access to those who want to keep their paddling skills sharp through the off-season. Program may be suspended during school breaks or pool rentals, see updated schedule at missoulaparks.org.

Ages: 15 & up (Under 15 allowed with direct adult supervision)

Day/Time: Tuesdays & Thursdays, 8-9pm Jan. 4 - April 28

Fees: Regular admission. Bring your own cleaned equipment & life jacket.

## Water Park Lifeguarding/First Aid and CPR/AED for the Professional Rescuer

Gain the knowledge and skills you need to save a life and get a great job! Course incorporates self-study through online training and lecture/skill practice at the pool with experienced instructors. Candidates must be 15 years of age on or before the final day of class. Candidates must also be mature and able to complete the swim prerequisites below, stop by Currents and complete the pre-test BEFORE you register. Successful participants receive national certification in Lifeguarding-First Aid.

**NOTE: Apply for a lifeguard position at [www.ci.missoula.mt.us/jobs...](http://www.ci.missoula.mt.us/jobs...) successful applicants are paid to take this course!**

### Swim Prerequisites

- Swim 300 yards continuously using front crawl and breaststroke.
- Swim 20 yards using front crawl or breaststroke, surface dive to a depth of 8.5 feet & retrieve a 10lb. brick.
- Tread water with no hands for 2 minutes.
- Demonstrate maturity and self-control.

Fee: \$90 (Sorry, no CityCard discount.)

ACTIVITY #	1151700	CURRENTS AQUATICS CENTER	
DAYS	DATES	TIME	SECTION #
M & W	Mar 28 - Apr 13	5:30 - 9 pm	1EVE8
Mon-Sat	Apr 25-30	M-F: 5:30-9 pm Sat: 8 am-12 pm	1EVE10
Mon-Sat	May 9-14	M-F: 5:30-9 pm Sat: 8 am-12 pm	2EVE10

## American Red Cross Water Safety Instructor

To be eligible for this course, candidates must be 16 years of age on or before the final day of class, and must possess and display maturity and self-control. Candidates must also be able to demonstrate skills that meet at least American Red Cross Learn-to-Swim Level 4 performance criteria during the pre-course session (first day scheduled.)

A course book will be provided the first day of class. Successful participants will receive the Water Safety Instructor Certificate which recognizes them as possessing the tools to teach course offerings within the American Red Cross Learn-to-Swim and Water Safety programs.

**Apply for a WSI position at [www.ci.missoula.mt.us/jobs...](http://www.ci.missoula.mt.us/jobs...) successful applicants are paid to take this course!**

Fee: \$180. (Sorry, no discounts available.) Register for this course with Parks and Recreation. You'll receive email instructions to complete blended learning course materials through the Red Cross prior to the start of the class.

DAYS	DATES	TIME	ACTIVITY #	SECTION #
T & Th	Mar 29 - Apr 21	5 - 9 pm	1152100	1EVE8



## Catch the latest aquatics wave with a swimmable mermaid tail!

Slip your feet into the mono-fin and pull up the swimsuit-material "tail" to glide through the water like a mystical mermaid (or merman!) Kids will improve their swimming skills, learn the basics of using a mask, and the "mermaid kick" improves core strength.

For ages 6+ who can perform a front & back float, roll from front to back, tread water for 60 seconds, swim 20 yards any stroke, and perform the dolphin kick before enrolling in this class. Fee includes two 60-minute lessons and your very own mermaid tail to keep (a \$35 value!)

Be sure to include clothing size in registration, registration is due 2 weeks before classes.

DATES	DAYS	TIME	ACTIVITY #	SECTION #	FEE* W/MERMAID TAIL DEADLINE	BYO TAIL** DEADLINE
Jan. 25 & 27	T&TH	4-5pm	1130210	1PM9-A	\$62/60/59 Jan. 11	\$12/10/9 Jan. 24
Mar. 15 & 17	T&TH	4-5pm	1130210	2PM9-A	\$62/60/59 Mar. 1	\$12/10/9 Mar. 14



# Host your next celebration at Ripples!



## Party Room at Currents

### Daytime parties - up to 10 guests

Saturday or Sunday  
12 - 2:30 pm or 3 - 5:30 pm

Includes swimming during scheduled recreation swim times and your private use of the Ripples Party Room for 2-½ hours.

Order an Albertson's fresh bakery cake or Baskin Robbins ice cream cake, plates, napkins, and forks—or bring your own birthday treats!

Packages starting at \$133.

### After-Hours Birthday Parties

Up to 25 guests.

Start your party after the crowd leaves on Friday, Saturday or Sunday evenings from 6p - 8 pm.

Includes poolside tables, chairs, loungers, slides, play pool, hot tub and a fun and relaxed setting for your group.

Includes 90 minutes pool time and 30 minutes "dry" time to enjoy food or cake & presents.

Packages starting at \$235.

Visit missoulaparks.org for more information or call 721-PARK (7275) to make your reservation today!

Payment upon reservation, please. Parties fill quickly, book early!





# Aquatics Academy

Currents swim lessons are guaranteed!

Kids ages 7 and up will be able to swim 5 yards on their front and back by the end of the session, or lessons are FREE until they can!

Parents are welcome on deck, lesson supervisors are available to field your questions.

### Choosing the right swim class

- Currents swim lessons provide high quality, affordable instruction.
- Currents' warm, shallow water provides a comfortable learning environment.
- Instructors create a playful learning atmosphere where kids look forward to their classes and learn through focused fun.
- Children under 3 should be enrolled in Parent/Child lessons, ages 3-4 should be enrolled in Preschool.
- Beginners over age 5 should start with Swim School. Program is comparable to American Red Cross Levels 1 – 3.
- More advanced swimmers over age 5 may opt to enroll in Stroke School. A basic understanding of and ability to perform each stroke you sign up for is expected on the first day of that class.
- Students who have passed at least one stroke school may be ready to try our Swim Squad (see page 9.)

### Parent/Child School

#### 6 mos. to 3 years with parent

Early introduction to the water helps prepare your child for success in Preschool and Swim School lessons. This program teaches parents the skills needed to introduce a child to the water safely and comfortably.

### Pre-School-Ages 3 to 5

#### Water exploration and fun!

Playful and nurturing instructors guide preschoolers through the basics of water exploration in a safe and fun manner. Instructors divide classes into students who are willing to put their face in the water and students who need to learn how to put their face in the water. Our instructors will tailor the skills to the needs and abilities of each student.

### Swim School-Ages 5 and up

#### Learn fundamental swimming skills

Encouraging and energetic instructors work with students on the basics of swimming and water fitness. Students in these courses will work on skills such as submerging, floating, gliding, and rhythmic breathing. Swim School classes are divided into groups based on their skills on the first

day of class. The full course includes three levels: Face and Float School, Glide and Movement School, and Breathing and Development School. Students who complete the Breathing and Development School are ready for course offerings in our Stroke School.

### Stroke School-Ages 5 and up Refine 4 different swim strokes

For advanced students who have completed or already possess the skills taught in the Swim School. Focused instructors will take students through basic progressions and development of stroke technique. Students will work on alternate skills such as diving and turns in addition to the specific strokes of focus. Many students may need to repeat the course of instruction before progressing from beginner to advanced stages. Students that have passed at least one stroke school may be ready to try our Swim Squad (see page 9.)

**Beginning and advanced level courses meet at the same time. Many students may need to repeat the course of instruction before progressing from beginning to advanced level. Call 721-PARK for more information.**

### Swim Lesson Pricing

NUMBER OF CLASSES	4	5	6	7	8
Regular Fee	\$23	\$28.75	\$34.50	\$40.25	\$46
CityCard Discount	\$18.50	\$23.50	\$27.75	\$32.50	\$37
Annual Pass Holder	\$17.50	\$22.00	\$26.25	\$30.75	\$35



## Private Swim Lessons

Learn to swim with your family or close friends!

Private lessons are scheduled on an individual basis and geared to meet your swimmer's specific needs.

Complete the Private Lesson Request form at [missoulaparks.org](http://missoulaparks.org), email [CurrentsSwimLessons@ci.missoula.mt.us](mailto:CurrentsSwimLessons@ci.missoula.mt.us), or stop by Currents to request small-group or individual private lessons.

Lessons are 30 minutes. We recommend a series of four lessons or more, 1-2 times per week.

Pricing per 30-minute lesson	
1 student per instructor	\$20
2 students per instructor	\$25
3-5 students per instructor	\$30



### Parent/Child • Activity #1110201

DAYS	DATES	TIME	SECTION	CLASSES	FEE
M/W	Jan 3 - 12	11:00-11:30a	1AM8	4	\$23/18.50/17.50
Tu/Th	Jan 4-13	5:30-6p	1PM9A1	4	\$23/18.50/17.50
Sat	Jan 8-29	10:45-11:15a	1AM7	4	\$23/18.50/17.50
M/W	Jan 31 - Feb 9	11:00-11:30a	2AM8	4	\$23/18.50/17.50
Tu/Th	Feb 1-10	5:30-6p	2PM9A1	4	\$23/18.50/17.50
Sat	Feb 5-26	10:45-11:15a	2AM7	4	\$23/18.50/17.50
M/W	Feb 28 - Mar 9	11:00-11:30a	3AM8	4	\$23/18.50/17.50
Tu/Th	Mar 1-10	5:30-6p	3PM9A1	4	\$23/18.50/17.50
M/W	Mar 28 - Apr 6	11-11:30a	4AM8	4	\$23/18.50/17.50
Tu/Th	Mar 29 - Apr 7	5:30-6p	4PM9A2	4	\$23/18.50/17.50
Sat	Apr 2-23	10:45-11:15a	4AM7	4	\$23/18.50/17.50

### Preschool • Activity #1120202

DAYS	DATES	TIME	SECTION	CLASSES	FEE
M/W	Jan 3-26	11:00-11:40a	1AM8	8	\$46/37/35
T/Th	Jan 4-27	11:00-11:40a	1AM9	8	\$46/37/35
T/Th	Jan 4-27	5:30-6:10p	1PM9A	8	\$46/37/35
T/Th	Jan 4-27	6:15-6:55p	1PM9B	8	\$46/37/35
Sat	Jan 8-29	10-10:40a	1AM7A	4	\$23/18.50/17.50
Sat	Jan 8-29	10:45-11:25a	1AM7B	4	\$23/18.50/17.50
M/W	Jan 31-Feb 23	11:00-11:40a	2AM8	7*	\$40.25/32.50/30.75
T/Th	Feb 1-24	11:00-11:40a	2AM9	8	\$46/37/35
T/Th	Feb 1-24	5:30-6:10p	2PM9A	8	\$46/37/35
T/Th	Feb 1-24	6:15-6:55p	2PM9B	8	\$46/37/35
Sat	Feb 5-26	10-10:40a	2AM7A	4	\$23/18.50/17.50
Sat	Feb 5-26	10:45-11:25a	2AM7B	4	\$23/18.50/17.50
M/W	Feb 28-Mar 16	11:00-11:40a	3AM8	6	\$34.50/27.75/26.25
T/Th	Mar 1-15	11:00-11:40a	3AM9	5	\$28.75/23.50/22
T/Th	Mar 1-15	5:30-6:10p	3PM9A	5	\$28.75/23.50/22
T/Th	Mar 1-15	6:15-6:55p	3PM9B	5	\$28.75/23.50/22
M/W	Mar 28-Apr 20	11:00-11:40a	4AM8	8	\$46/37/35
T/Th	Mar 29-Apr 21	11:00-11:40a	4AM9	8	\$46/37/35
T/Th	Mar 29-Apr 21	5:30-6:10p	4PM9A	8	\$46/37/35
T/Th	Mar 29-Apr 21	6:15-6:55p	4PM9B	8	\$46/37/35
Sat	Apr 2-23	10-10:40a	4AM7A	4	\$23/18.50/17.50
Sat	Apr 2-23	10:45-11:25a	4AM7B	4	\$23/18.50/17.50

### Swim Squad • Ages 6+

Swim Squad is designed for kids who can swim the length of the pool without stopping and are looking for new challenges in the water. Swim Squad is a great introduction to competitive swimming. Children will improve their swimming skills, learn turns, how to read a pace clock and build endurance while gaining the benefit and experience of a team environment. Once a child has attended at least 10 practice sessions, they will earn a Swim Squad Shirt!

For: Youth who have completed and passed at least one introductory level Stroke School course (Front/Back Crawl or Breast/Fly) through Parks and Recreation, or are capable of swimming at least 20 yards Front Crawl and 20 yards Back Crawl without stopping for rest.

Dates	Jan. 4 – May 24* (*No practice March 22, 24, May 26 is the Just for Fun Swim Meet)
Day/Time	Tuesdays and Thursdays, 4-5 pm
Fee	10-practice card \$35/28 • 20-practice card \$60/48
Activity #	1130209
Activity # 1130212 Just For Fun Swim Meet, May 26, 4 - 5:30 pm, \$7	

### Swim School • Activity #1130203

DAYS	DATES	TIME	SECTION	CLASSES	FEE
T/Th	Jan 4-27	5:30-6:10p	1PM9A	8	\$46/37/35
T/Th	Jan 4-27	6:15-6:55p	1PM9B	8	\$46/37/35
Sat	Jan 8-29	10-10:40a	1AM7A	4	\$23/18.50/17.50
Sat	Jan 8-29	10:45-11:25a	1AM7B	4	\$23/18.50/17.50
T/Th	Feb 1-24	5:30-6:10p	2PM9A	8	\$46/37/35
T/Th	Feb 1-24	6:15-6:55p	2PM9B	8	\$46/37/35
Sat	Feb 5-26	10-10:40a	2AM7A	4	\$23/18.50/17.50
Sat	Feb 5-26	10:45-11:25a	2AM7B	4	\$23/18.50/17.50
T/Th	Mar 1-15	5:30-6:10p	3PM9A	5	\$28.75/23.50/22
T/Th	Mar 1-15	6:15-6:55p	3PM9B	5	\$28.75/23.50/22
T/Th	Mar 29-Apr 21	5:30-6:10p	4PM9A	8	\$46/37/35
T/Th	Mar 29-Apr 21	6:15-6:55p	4PM9B	8	\$46/37/35
Sat	Apr 2-23	10-10:40a	4AM7A	4	\$23/18.50/17.50
Sat	Apr 2-23	10:45-11:25a	4AM7B	4	\$23/18.50/17.50

### Front Crawl / Backstroke • Activity #1130204

DAYS	DATES	TIME	SECTION	CLASSES	FEE
T/Th	Jan 4-27	6:15-6:55p	1PM9B	8	\$46/37/35
Sat	Jan 8-29	10-10:40a	1AM7A	4	\$23/18.50/17.50
T/Th	Feb 1-24	6:15-6:55p	2PM9B	8	\$46/37/35
T/Th	Mar 29-Apr 21	6:15-6:55p	4PM9B	8	\$46/37/35
Sat	Apr 2-23	10-10:40a	4AM7A	4	\$23/18.50/17.50

### Butterfly/Breaststroke • Activity #1130205

DAYS	DATES	TIME	SECTION	CLASSES	FEE
Sat	Feb 5-26	10-10:40a	2AM7A	4	\$23/18.50/17.50
T/Th	Mar 1-15	6:15-6:55p	3PM9B	5	\$28.75/23.50/22