



# Aquatics Academy

## Aquatics Academy Guarantee:

Kids ages 7 and up will be able to swim 5 yards on their front and back by the end of the session or lessons are FREE until they can!

Currents swim lessons provide high quality, affordable instruction.

Currents' warm, shallow water provides a comfortable learning environment.

Instructors create a playful learning atmosphere where kids look forward to their classes and learn through focused fun.

Parents are welcome on deck and lesson supervisors are available to field your questions.

## Choose the correct swim class

- Under 3 should be enrolled in Parent/Child class.
- Ages 3-4 should be enrolled in Preschool. Pre-K five-year-olds or those who haven't taken swim lessons are encouraged to start in Preschool.
- Beginners over age 5 should start with Swim School. Program is comparable to American Red Cross Levels 1 – 3.
- More advanced swimmers over age 5 may opt to enroll in Stroke School. A basic understanding of and ability to perform each stroke you sign up for is expected on the first day of that class.
- Students who have passed at least one stroke school may be ready to try Swim Squad (pg 30.)
- Beginning and advanced level courses meet at the same time. Many students may need to repeat the course of instruction before progressing from beginning to advanced level. Call 721-PARK for more information.

## SUMMER SWIM LESSON REGISTRATION OPENS SUNDAY, APRIL 2

Online and in person

[WWW.MISSOULAPARKS.ORG/REGISTER](http://WWW.MISSOULAPARKS.ORG/REGISTER)

### Parent/Child School

6 mos. to 3 years with parent

Early introduction to the water helps prepare children for success in Preschool and Swim School lessons. Teaches parents the skills needed to introduce a child to the water safely and comfortably.

### Pre-School-Ages 3 to 5

Water exploration and fun!

Playful, nurturing instructors guide kids through the basics of water exploration. Depending on number of students, classes are divided into students who are willing to put their face in the water and students who need to learn to put their face in the water. Instructors tailor the skills to the needs and abilities of each student.

### Swim School-Ages 5 and up

Learn fundamental swimming skills

Encouraging, energetic instructors work with students on the basics of swimming and water fitness. Students work on skills such as submerging, floating, gliding, and rhythmic breathing. Depending on number of students, Swim School classes may be divided into groups based on their skills on the first day of class. The full course includes: Face and Float School, Glide and Movement School, and Breathing and Development School. Students who complete the Breathing and Development School are ready for Stroke School.

### Stroke School-Ages 5 and up

Learn 4 different swim strokes

For students who have completed or already possess the skills taught in the Swim School. Focused instructors take students through basic progressions and development of stroke technique. Students work on alternate skills such as diving and turns in addition to the specific strokes of focus. Many students may need to repeat the course of instruction before progressing from beginner to advanced stages. Students that have passed at least one Stroke School may be ready to try our Swim Squad (see 30).

**SPLASH MT SWIM LESSONS & INCLEMENT WEATHER**

Call the weather line at 542-9283 for weather updates

Swim lessons will be held if at all possible. We'll check the weather at least 30 minutes before lessons begin.

Classes may be canceled if temperature is below 60° or lightning or thunder is observed. In case of cancelation, we'll contact parents via phone and/or text prior to lessons. Please ensure we have up-to-date contact info. Credits issued for lessons canceled by the facility.

**Swim Lesson Pricing**

CLASSES/SESSION	4	7	8
Regular Fee	\$28	\$47.25	\$54
CityCard Discount	\$22	\$38.50	\$44
Annual Pass Holder	\$21	\$36.75	\$42

**PARENT/CHILD • 6 MOS. TO 3 YEARS**

Program teaches parents the skills needed to introduce a child to the water safely and comfortably. Swim suit/diaper that cinches at the waist and legs required and available for purchase at the pool.

**CURRENTS - PARENT/CHILD** ACTIVITY #2110201

DAYS	DATES	TIME	SECTION	LESSONS	FEE Reg/Res/Pass
M/W	Jun 12-21	6:10-6:40 p	1EVE8-A1	4	\$28/22/21
M-Th	Jun 19-22	9:45-10:15a	1AM10-B1	4	\$28/22/21
M-Th	Jun 26-29	9:45-10:15a	1AM10-B2	4	\$28/22/21
M/W	Jun 26-Jul 5	6:10-6:40 p	1EVE8-A2	4	\$28/22/21
M-Th	Jul 10-13	9:45-10:15a	2AM10-B1	4	\$28/22/21
M-Th	Jul 17-20	9:45-10:15a	2AM10-B2	4	\$28/22/21
M-Th	Jul 24-27	9:45-10:15a	3AM10-B1	4	\$28/22/21
M-Th	Jul 31-Aug 3	9:45-10:15a	3AM10-B2	4	\$28/22/21

**PRESCHOOL • AGES 3 - 5**

Depending on number of students, instructors divide classes based on the student's readiness to put faces in the water and other basic swimming skills, and tailor each class to the needs and abilities of each student.

**SPLASH MONTANA - PRESCHOOL** ACTIVITY #2120102

DAYS	DATES	TIME	SECTION	LESSONS	FEE Reg/Res/Pass
M-Th	Jun 19-29	9:45-10:25a	1AM10	8	\$54/44/42
M-Th	Jul 10-20	9:45-10:25a	2AM10	8	\$54/44/42
M-Th	Jul 24-Aug 3	9:45-10:25a	3AM10	8	\$54/44/42

**CURRENTS - PRESCHOOL**

**ACTIVITY #2120202**

DAYS	DATES	TIME	SECTION	LESSONS	FEE Reg/Res/Pass
M/W	Jun 12-Jul 5	6-6:40p	1EVE8-A	8	\$54/44/42
M/W	Jun 12-Jul 5	6:45-7:25p	1EVE8-B	8	\$54/44/42
Tu/Th	Jun 13-Jul 6	6-6:40p	1EVE9-A	7*	\$47.25/38.50/36.75
Tu/Th	Jun 13-Jul 6	6:45-7:25p	1EVE9-B	7*	\$47.25/38.50/36.75
M-Th	Jun 19-29	9-9:40a	1AM10-A	8	\$54/44/42
M-Th	Jun 19-29	11:15-11:55a	1AM10-C	8	\$54/44/42
M/W	Jul 10-Aug 2	6-6:40p	2EVE8-A	8	\$54/44/42
M/W	Jul 10-Aug 2	6:45-7:25p	2EVE8-B	8	\$54/44/42
M-Th	Jul 10-20	9-9:40a	2AM10-A	8	\$54/44/42
M-Th	Jul 10-20	11:15-11:55a	2AM10-C	8	\$54/44/42
Tu/Th	Jul 11-Aug 3	6-6:40p	2EVE9-A	8	\$54/44/42
Tu/Th	Jul 11-Aug 3	6:45-7:25p	2EVE9-B	8	\$54/44/42
M-Th	Jul 24-Aug 3	9-9:40a	3AM10-A	8	\$54/44/42
M-Th	Jul 24-Aug 3	11:15-11:55a	3AM10-C	8	\$54/44/42

\*No lessons July 4.



Private lessons allow the student to learn at their own pace and are geared to meet your swimmer's specific needs. To request small-group or individual private lessons, you may:

- Complete the Private Lesson Request form at [missoulaparks.org](http://missoulaparks.org)
- Email [CurrentsSwimLessons@ci.missoula.mt.us](mailto:CurrentsSwimLessons@ci.missoula.mt.us)
- Phone 406-721-PARK

We recommend a series of four lessons or more, 1-2 times per week. Lessons are 30 minutes.

**Pricing per 30-minute lesson**

1 student per instructor	\$30
2 students per instructor	\$35
3-5 students per instructor	\$40



## STROKE SCHOOL • AGES 5 AND UP

For students who have completed and passed Swim School or already possess those skills. Includes basic progressions and development of stroke technique.

Depending on number of students, classes may be divided into beginning and advanced groups on the first day. Swimmers may need to repeat the course before progressing to advanced stages.

### SPLASH MONTANA FRONT CRAWL/BACKSTROKE ACTIVITY #2130104

DAYS	DATES	TIME	SECTION	LESSONS	FEE Reg/Res/Pass
M-Th	Jun 19-29	9-9:40a	1AM10-A	8	\$54/44/42
M-Th	Jun 19-29	9:45-10:25a	1AM10-B	8	\$54/44/42
M-Th	Jul 10-20	9:45-10:25a	2AM10-B	8	\$54/44/42
M-Th	Jul 24-Aug 3	9-9:40a	3AM10-A	8	\$54/44/42

### SPLASH MONTANA BREASTSTROKE/BUTTERFLY ACTIVITY #2130105

DAYS	DATES	TIME	SECTION	LESSONS	FEE Reg/Res/Pass
M-Th	Jul 10-20	9-9:40a	2AM10-A	8	\$54/44/42
M-Th	Jul 24-Aug 3	9:45-10:25a	3AM10-B	8	\$54/44/42

### CURRENTS FRONT CRAWL/BACKSTROKE ACTIVITY #2130204

DAYS	DATES	TIME	SECTION	LESSONS	FEE Reg/Res/Pass
M/W	Jun 12-Jul 5	6:45-7:25p	1EVE8	8	\$54/44/42
Tu/Th	Jun 13-Jul 6	6:45-7:25p	2EVE8	7*	\$47.25/38.50/36.75
M-Th	Jun 19-29	9:45-10:25a	1AM10	8	\$54/44/42
M-Th	Jul 24-Aug 3	9:45-10:25a	3AM10	8	\$54/44/42

\*No lessons July 4.

### CURRENTS BREASTSTROKE/BUTTERFLY ACTIVITY #2130205

DAYS	DATES	TIME	SECTION	LESSONS	FEE Reg/Res/Pass
M-Th	Jul 10-20	9:45-10:25a	2AM10	8	\$54/44/42
M/W	Jul 10-Aug 2	6:45-7:25p	2EVE8	8	\$54/44/42
T/TH	Jul 11-Aug 3	6:45-7:25p	2EVE9	8	\$54/44/42

## SWIM SCHOOL • AGES 5 AND UP

Encouraging instructors work with students on the basics— including submerging, floating, gliding and rhythmic breathing.

### SPLASH MONTANA SWIM SCHOOL ACTIVITY #2130103

DAYS	DATES	TIME	SESSION	LESSONS	FEE Reg/Res/Pass
M-Th	Jun 19-29	9-9:40a	1AM10-A	8	\$54/44/42
M-Th	Jun 19-29	9:45-10:25a	1AM10-B	8	\$54/44/42
M-Th	Jul 10-20	9-9:40a	2AM10-A	8	\$54/44/42
M-Th	Jul 10-20	9:45-10:25a	2AM10-B	8	\$54/44/42
M-Th	Jul 24-Aug 3	9-9:40a	3AM10-A	8	\$54/44/42
M-Th	Jul 24-Aug 3	9:45-10:25a	3AM10-B	8	\$54/44/42

### CURRENTS SWIM SCHOOL ACTIVITY #2130203

DAYS	DATES	TIME	SECTION	LESSONS	FEE Reg/Res/Pass
M/W	Jun 12-Jul 5	6-6:40p	1EVE8-A	8	\$54/44/42
M/W	Jun 12-Jul 5	6:45-7:25p	1EVE8-B	8	\$54/44/42
Tu/Th	Jun 13-Jul 6	6-6:40p	1EVE9-A	7*	\$47.25/38.50/36.75
Tu/Th	Jun 13-Jul 6	6:45-7:25p	1EVE9-B	7*	\$47.25/38.50/36.75
M-Th	Jun 19-29	9-9:40a	1AM10-A	8	\$54/44/42
M-Th	Jun 19-29	9:45-10:25a	1AM10-B	8	\$54/44/42
M-Th	Jun 19-29	11:15-11:55a	1AM10-C	8	\$54/44/42
M-Th	Jul 10-20	9-9:40a	2AM10-A	8	\$54/44/42
M-Th	Jul 10-20	9:45-10:25a	2AM10-B	8	\$54/44/42
M-Th	Jul 10-20	11:15-11:55a	2AM10-C	8	\$54/44/42
M/W	Jul 10-Aug 2	6-6:40p	2EVE8-A	8	\$54/44/42
M/W	Jul 10-Aug 2	6:45-7:25p	2EVE8-B	8	\$54/44/42
Tu/Th	Jul 11-Aug 3	6-6:40p	2EVE9-A	8	\$54/44/42
Tu/Th	Jul 11-Aug 3	6:45-7:25p	2EVE9-B	8	\$54/44/42
M-Th	Jul 24-Aug 3	9-9:40a	3AM10-A	8	\$54/44/42
M-Th	Jul 24-Aug 3	9:45-10:25a	3AM10-B	8	\$54/44/42
M-Th	Jul 24-Aug 3	11:15-11:55a	3AM10-C	8	\$54/44/42

\*No lessons July 4.

