

PROCLAMATION

WHEREAS, cardiovascular disease affects men, women, and children of every age and race in the United States (U.S.); from 2019-2020, deaths from heart disease increased by 4.8%, the largest increase in heart disease deaths since 2012, and stroke deaths increased in the same period by 6%, cardiovascular disease continues to be the leading cause of death in the U.S.; and

WHEREAS, between 2018 and 2019, cardiovascular disease accounted for \$407,300,000,000 in health care expenditures and lost productivity, and if not addressed, will account for \$1.1 trillion in health care expenditures and lost productivity annually by 2035; and

WHEREAS, individuals in the U.S. have made great progress in reducing the death rate for cardiovascular disease, but this progress has been more modest with respect to the death rate for cardiovascular disease in women and minorities; and

WHEREAS, cardiovascular diseases are the number one killer of women in the U.S., killing more women than all forms of cancer combined, and cardiovascular disease is the leading cause of maternal death in the U.S., or more simply put, heart disease is the No. 1 killer of new moms; and

WHEREAS, for most women, life is measured by ages, stages and seasons. From adolescence to adulthood, into the workforce for some, motherhood for others and for many women – both – as the milestones of a woman’s life changes, so do her unique risks for developing cardiovascular disease.

NOW, THEREFORE, I, Mayor Jordan Hess, in recognition of the importance of the ongoing fight against heart disease and stroke, do hereby proclaim February 2023 to be

AMERICAN HEART MONTH

in Missoula, Montana, and urge all residents to show their support for the fight against heart disease by commemorating this month. By increasing awareness, speaking out about heart disease, and empowering others to reduce their risk for cardiovascular diseases, we can save thousands of lives each year.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the great seal of the City of Missoula, in the State of Montana, to be affixed at Missoula, Montana, this 13th day of February, in the year two thousand twenty-three.



A handwritten signature in black ink, appearing to read "Jordan Hess".

Jordan Hess, Mayor