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# PUBLIC SERVICE ANNOUNCEMENT

For immediate release through October 2, 2017

## Parks and Recreation offers fall tennis lessons for all ages and abilities

Missoula Parks and Recreation is offering tennis lessons beginning October 2 for youth and adults at Playfair Park. New this year, the Adaptive Tennis program uses specialized instruction and adaptive equipment to help kids and adults of all abilities learn and enjoy tennis. To register, call 721-PARK, stop by Currents Aquatics Center or visit <a href="www.missoulaparks.org">www.missoulaparks.org</a> to register online.

# Adaptive Tennis for ages 5 and up

Specialized instruction and adaptive equipment helps kids and adults of all abilities learn and enjoy tennis! Friends and families are encouraged to join the fun of our inclusive tennis environment. Thanks to a generous grant from USTA-Montana, youth 17 and under can apply to have their registration fees covered! Details at <a href="www.missoulaparks.org">www.missoulaparks.org</a>. Meets Oct. 2 – 25, M/W, 4-5 p.m. Registration fee is \$18 or \$15 with CityCard resident discount.

#### Rockin' Racquets Tennis Lessons for ages 5-10

An exciting new play format brings kids into the game by using specialized equipment and shorter court dimensions, tailored to their age and size. The group is divided by age and skill level. Meets Oct. 3 – 26, Tu/Th, 4-5:30 p.m. Registration fee is \$54 or \$44 with CityCard resident discount.

# Top Spinners Tennis Lessons for ages 11-17

Centered on technique and skills progression, this program prepares players for involvement in team tennis and match-play scenarios. A balance between skill improvement and game-playing strategies allow participants to advance all aspects of their game in this fun-centered format. Classes are divided by age and skill level. Meets Oct. 3 – 26, Tu/Th, 4-5:30 p.m. Registration fee is \$54 or \$44 with CityCard resident discount.

## **High School Prep Tennis for ages 14-19**

Sharpen your skills with our professional tennis staff and prepare for next year's tennis season. Advance your knowledge of the game, work on those critical shots and learn strategy for improved match play. Each week we'll learn about skill development, match play or strategy and then you'll play against your peers. Meets Oct. 2 – 25, M/W, 5-6:30 p.m. Registration fee is \$54 or \$44 with Citycard resident discount.

#### Adult Tennis Level I and Level II

Lessons for players new to the game or with minimal experience. Players will learn the basic of tennis: Forehand, Backhand, Serve, Volleys, rallying, and scoring in a fun and active environment. Meets Oct. 3 – 26, Tu/Th, 5:30-6:30 p.m. Registration fee is \$72 or \$58 with CityCard resident discount.

### Private and Semi-Private Tennis Lessons

Our professional staff will work on the skills you need to improve your game and help you become a better tennis player. To set up a private tennis lesson, please call 552-6266. Lessons offered in September and October, details at <a href="https://www.missoulaparks.org">www.missoulaparks.org</a>.

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