

PUBLIC SERVICE ANNOUNCEMENT

For immediate release October 19 through November 5, 2017

Parks and Recreation programs for the week of October 30

Join Parks and Recreation this week for lifeguard classes, swim lessons, pickleball, afterschool camp and much more! Learn more at the links below. [Register online](#) for all programs except adult sports, or phone 721-PARK (7275), or stop by Currents Aquatics Center. During inclement weather, call the Parks and Recreation Rainline, 541-7200, after 4:30 p.m. for program updates.

OCTOBER 30 - NOVEMBER 5

Last Chance registration for Jr. Playmakers Basketball • Oct. 31, boys & girls grades 2-5

Kids will hit the court running for another great season of Jr. Playmakers Basketball. We don't keep score, but we have a ton of fun with an emphasis on FUN, FAIR PLAY, and GOOD SPORTSMANSHIP. Youth will learn basic basketball skills from volunteer coaches, and use those skills on the playing court. Meets Nov. 3 – Feb. 25, games on Friday evenings, practices TBD. Registration fee is \$135/118 per player with CityCard, must register in person at Currents Aquatics Center on Tuesday, Oct. 31.

Open Kayak Sessions at Currents • Begins Nov. 2, ages 15 and up

Bring your cleaned and scoured boat to work on your roll skills. This program will provide pool access to those individuals who want to keep their paddling skills sharp through the off season. Bring your own cleaned kayak/paddle/skirt/life jacket. Meets T/Th, 8 – 10 p.m., Nov. 2 – Dec. 21. Regular Currents admission fees. Youth under 15 may attend with adult supervision. ***Please note:** No open kayak Nov 16, 21, 28, 29, and Dec. 5 due to high school swim team practice.

Currents Date Night • Nov. 3, ages 7 and up

Enjoy your dinner date and explore First Friday art events without the kids in tow! Drop the kids at Currents for supervised fun in the pool and a pizza dinner. Meets Friday, Nov 3, 5-8 p.m. Registration fee is \$15 per child.

Currents Swim Lessons • New Session Begins Nov. 4, ages 6 mos. and up

Our highly-trained staff provides a comfortable and playful learning environment that fosters the development of well-rounded, proficient swimmers, and lessons give kids the skills needed to enjoy a lifetime of water fun, fitness and safety. New sessions begin monthly; the next session begins Nov. 4. Check out the current swim lesson [schedule](#).

[Learn to Play Pickleball Clinics • Level 1 meets Nov. 4, ages 12 and up](#)

Join us for 90-minute Learn to Play Pickleball clinics at the Sports and Wellness Gym in City Life, 1515 Fairview. Parks staff and Zoo Town Pickleball players will teach you the basics of the game and get you ready to attend our Open Play sessions and other events. Level 1 clinics are for players who are new to the game, and Level II clinics are geared to beginning to intermediate players looking to sharpen their skills. All necessary equipment (paddles, balls, nets) is available to use during the clinic. Clinics meet from 1:15-2:45 p.m. The registration fee is \$5, please [pre-register online](#) or phone 721-PARK. Level 1 clinics meet Nov. 4, Dec. 2, and Dec. 23. Level 2 clinics meet Nov. 11, Dec. 16 and Dec. 30. No clinics on Nov. 18, 25 and Dec. 9. View the monthly pickleball schedule [online](#).

NOVEMBER 6 - 12

[Lifeguarding/First Aid & CPR/AED for the Professional Rescuer • Nov. 6-17, ages 15+](#)

Successful participants receive national certification in Water Park Lifeguarding/First Aid & CPR/AED for the Professional Rescuer. Meets M/W/F, 5:30-9 p.m. at Currents Aquatics Center, registration fee is \$70. Visit the link above for swimming skill requirements.

[Currents Adult Swim Development & Fitness School • Nov. 6-29, ages 16+](#)

Knowledgeable instructors teach you to swim or help you achieve your aquatics fitness goals. Swimming for fitness reduces stress, builds cardio endurance, and works all the major muscle groups. Meets M/W, Nov. 6-29, 6:35-7:20 p.m. Fee is \$40 or \$32 with CityCard resident discount, late registration accepted if space available.

[Discovery Corp Afterschool Camp • New session begins Nov. 6, grades K-5](#)

Sign up for adventure-filled active programming for your child—keeping them engaged, moving, and exploring. We provide afterschool transportation, provide a healthy snack, and facilitate an amazing activity. Meets weekdays, choose the days your child attends. Pick-up available at Paxson, Russell, Lewis and Clark, Chief Charlo, Lowell, Rattlesnake and Garden City Montessori, or drop your child at Currents.

[School's Out Day Camp • Nov. 10, ages 5 - 12](#)

Parents love our low participant-to-staff ratios and enthusiastic camp leaders. Kids love the field trips, outdoor adventures, arts and crafts, and games. Please pack water, snacks, lunch, and appropriate clothing for the weather. Fee includes all field trips and equipment. Meets Nov. 10, Dec. 22 and Dec. 26-29. 8 a.m. to 5:30pm, location TBA. Registration fee is \$42 per day or \$35 with CityCard resident discount.

[Learn to Play Pickleball Clinics • Level 2 Nov. 11, ages 12 and up](#)

Join us for 90-minute Learn to Play Pickleball clinics at the Sports and Wellness Gym in City Life, 1515 Fairview. Parks staff and Zoo Town Pickleball players will teach you the basics of the game and get you ready to attend our Open Play sessions and other events. Level 1 clinics are for players who are new to the game, and Level II clinics are geared to beginning to intermediate players looking to sharpen their skills. All equipment (paddles, balls, nets) is available to use during the clinic. Clinics meet from 1:15-2:45 p.m.; the registration fee is \$5. Please [pre-register online](#) or phone 721-PARK. Level 1 clinics meet Dec. 2, Dec. 23. Level 2 clinics meet Nov. 11, Dec. 16 and Dec. 30. No clinics on Nov. 18, 25 and Dec. 9.

COMING SOON

[Currents Open Swim and Super-Size Climbing Wall • Thanksgiving Break, Nov. 22, 24, 25, 26](#)

We'll super-size the pool-side Kersplash climbing wall; giving kids 32 additional square feet of awesome space to climb! Swimmers must pass the swim test each day in order to use the climbing wall. Lap lane configuration may be adjusted to accommodate the wall. 2 - 5:30 pm. Currents Open Swim is 10 a.m. to 8 p.m. on Nov. 22 and 24, 11 a.m. to 7 p.m. Nov. 25, and 11 a.m. to 6 p.m. Nov. 26. Currents is closed on Thanksgiving Day, Thursday, Nov. 23.

[Holiday Adult Co-Rec Indoor Soccer • Register by Nov. 26, ages 18+](#)

Register by Nov. 26 for this three-game season. Games are Dec. 3, 10, 17. The team fee is \$125; roster is available at Currents or [online](#).

[Currents Swim like a Mermaid Class • Register by Nov. 28, ages 6+](#)

Catch the latest aquatics wave—learn to use a swimmable mermaid tail! Slip your feet into the mono-fin and pull up the swimsuit-material “tail” to glide through the water like a mythical mermaid (or mer-man!) Kids will improve their swimming skills, learn the basics of using a mask, and the dolphin kick improves core strength. Fee includes two 40-minute lessons and your very own mermaid tail to keep (a \$60 value!) Be sure to include clothing size at registration. Meets T/Th, Dec. 12 and 14, 4:30 – 5:30 p.m. Registration fee with mermaid tail is \$120, or \$100 with CityCard resident discount.

[Learn to Play Pickleball Clinics • Level 1 meets Dec. 2, ages 12 and up](#)

Join us for 90-minute Learn to Play Pickleball clinics at the Sports and Wellness Gym in City Life, 1515 Fairview. Learn the basics of the game and get ready to attend our Open Play sessions and other events. Level 1 clinics are for players who are new to the game, and Level II clinics are geared to beginning to intermediate players looking to sharpen their skills. All necessary equipment (paddles, balls, nets) is available to use during the clinic. Clinics meet from 1:15-2:45 p.m.

The registration fee is \$5, please [pre-register online](#) or phone 721-PARK. Level 1 clinics meet Dec. 2, Dec. 23. Level 2 clinics meet Dec. 16 and Dec. 30. No clinics on Nov. 18, 25 and Dec. 9. View the monthly pickleball schedule [online](#).

ON-GOING PROGRAMS

[Sign up for Kiwanis Basketball • Register by Dec. 18, grades 6-8](#)

Parks and Recreation is hosting Kiwanis Basketball sign-ups this year. It's the same great free program for boys and girls in grades 6-8...Parks and Recreation will sign you up and Kiwanis will do the rest! Parks and Recreation will form teams by school/location and special requests. Season runs January-March. Games are held Monday-Thursday evenings. Practices set by coaches. Locations for practices and games TBD. Register by Dec. 18 or give us a call at 721-PARK. For more information please visit missoulakiwanis.com.

[Currents Open Swim • Ongoing, all ages](#)

Currents Aquatics Center is open for open/recreation swim Mon. - Friday 10 a.m. to 8 p.m., Saturdays 11 a.m. to 7 p.m. and Sundays 11 a.m. to 6 p.m. [Lap swim schedule and more info](#).

[Aquacize! at Currents • Ongoing, ages 16+](#)

Increase flexibility, improve cardio fitness, and tone muscles in our water aerobics classes. All fitness levels welcome, no swimming skill required. Drop-in class, no pre-registration needed. Purchase a 30-swim punch card or annual pass and save 25-55%! Meets Monday through Saturday, [details](#).

[Currents Swim Squad • Ongoing, ages 6+](#)

Swim Squad is designed for youth who can swim the length of the pool without stopping and are looking for new challenges in the water. Kids will improve their swimming skills, learn turns, how to read a pace clock and build endurance while gaining the benefit and experience of a team environment. Meets T/Th, Sept. 12 - Dec. 5, 4:25 - 5:25 p.m.; at Currents Aquatics Center, join any time. Fee for 10 practices is \$30, or \$25 with CityCard resident discount.

[Pickleball Open Play • Ongoing, ages 12+](#)

Join us for active, fun, and social Open Play sessions! Beginner to advanced players will enjoy the opportunity to learn the sport and/or work on their game with a variety of competitors. Parks and Recreation provides the nets, paddles and balls for each session; or bring your own paddle and ball. Some open play sessions are designated by skill level. [Monthly schedules and more info](#)

MORE Build Your Own Adventure! • Ongoing, all ages

Our outdoor recreation program offers top-of-the-line instruction for people of all abilities and ages in a wide variety of outdoor recreation pursuits, plus ropes course and team building activities. Our highly trained professional staff will lead your group adventure in rafting and kayaking, rock climbing, mountain biking, folk, high and low ropes course, team building and much more. Contact Meg Whicher, Outdoor Recreation Specialist, at 552-6271 or mwhicher@ci.missoula.mt.us for more information.

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