

Contact: Parks Customer Service
721-PARK (7275)
parksrec@ci.missoula.mt.us

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Missoula, MT 59801
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PARKS AND RECREATION PUBLIC SERVICE ANNOUNCEMENT

For immediate release through March 17, 2019

Parks and Recreation fun for the week of March 11

Join Missoula Parks and Recreation for Coffee Walks, swim stroke analysis and much more. Learn more at the links below. [Register online](#) for all programs, phone 721-PARK (7275) or stop by Currents Aquatics Center in McCormick Park.

Mar. 11 - 17

Missoula Movers Coffee Walks • Mondays, for active adults

Enjoy the company of new friends on guided walks through Missoula's conservation lands, parks, and trails. We'll even provide snowshoes if it snows. After the walk, enjoy a hot drink with fellow hikers! Meets Mondays at Currents, 9 a.m. to 12 p.m. Registration is \$7 per walk. (Sorry, no CityCard discount.)

Zootown Derailleurs Youth Cycling Teams • Registration opens March 12, ages 2 – 14

For every level of rider from balance bike to team, or join the Development Team for ages 9 to 14. Register online or in person beginning Tuesday, March 12, beginning at 12 p.m. Meets two days per week, April 15 to May 16, registration fee is \$110, or \$95 with CityCard resident discount.

Learn to Play Pickleball Level 1 Clinics • March 16, ages 12+

Learn the basics of the game and get ready for open or league play. All necessary equipment (paddles, balls, nets) provided. If you've never played pickleball, this is the place to start. Pre-registration is required, \$6 per session. Meets Saturdays, 1:15 to 2:45 p.m. at Parks' Sports and Wellness Gym, 1515 Fairview. Level 1 also meets April 6 and 20.

Jr. Playmakers Soccer • Register by Mar. 17, grades K- 5

Fun, recreation and weekday games at Fort Missoula Regional Park, April 2 to May 16. Regular registration through March 17 is \$60 per player or \$48 with CityCard resident discount.

Clover Showdown Pickleball Tournament • Register by March 17, teens and adults

Indoor doubles pickleball tournament on Sunday, March 24. The registration fee is \$35 for the first division, \$15 each for additional sections. Meets approximately 9 a.m. to 5 p.m., depending on number of participants.

Mar. 18 - 24

[**Missoula Movers Coffee Walks • Mondays, for active adults**](#)

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[**Currents Video Swim Stroke Analysis • Mar. 20, ages 16+**](#)

For fitness swimmers, triathletes and anyone wishing to improve their swimming performance: Refine your technique through video analysis. Swimmers are filmed above and below the water, and coaches share tips and recommend drills for improved speed and endurance. Meets 8-11 a.m. Registration is \$20 or \$16 with CityCard resident discount.

[**Learn to Play Pickleball Level 2 Clinics • Mar. 23, ages 12+**](#)

For players with some pickleball experience. Pre-registration is required, registration fee \$6 per session. Meets Saturdays, 1:15 to 2:45 p.m. at Parks' Sports and Wellness Gym, 1515 Fairview. Level 2 also meets April 13, 27.

On-going Programs

[**Currents Open Swim • Ongoing, all ages**](#)

[**Currents Swim Lessons • Ongoing, all ages**](#)

Professional, affordable aquatics instruction for ages 6 months through adult in Currents' warm indoor pool.

[**Ripples Party Room at Currents • Ongoing, all ages**](#)

Make your next birthday or group celebration extra-special at Ripples Party Room.

[**Aquacize! at Currents • Ongoing, ages 16+**](#)

Increase flexibility, improve cardio fitness, and tone muscles in our water aerobics classes.

[**Currents Swim Squad • Ongoing, ages 6+**](#)

Kids will improve their swimming skills, learn turns, how to read a pace clock and build endurance while gaining the benefit and experience of a team environment.

[**Open Kayak at Currents • Jan. 3 – Apr. 25, ages 15 and up**](#)

Bring your cleaned and scoured boat to work on your roll skills.

[**Pickleball Open Play • Ongoing, ages 12+**](#)

Beginning to advanced players will enjoy the opportunity to learn the sport and/or work on their game with a variety of competitors.

Discovery Corp Afterschool Camp • Ongoing, grades K-5

Includes afterschool transportation, a healthy snack, and fun seasonal activities.

Preschool Portable Parties

Strider bikes, Loose Parts portable playground, fun and games at the Sports and Wellness gym or your location.

MORE Build Your Own Adventure! • Ongoing, all ages

Offering top-of-the-line instruction for people of all abilities and ages in a wide variety of outdoor recreation pursuits, plus ropes course and team building activities. Contact Meg Whicher, Outdoor Recreation Specialist, at 552-6271 or mwhicher@ci.missoula.mt.us for more information.

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