

## City Clerk Staff

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**From:** HighlandWindsLLC Miller <highlandwinds@gmail.com>  
**Sent:** Sunday, October 23, 2022 11:28 AM  
**Subject:** Intro B of podcast today!

Happy Sunday! "Intro B: Dosages, Pregnancy and other concerns" of my medical herbal podcast series is on today at 4:30 p.m. Channel 189, MCAT. MCAT also has DVD's of the series for \$5. (only 15 minutes - sheer listening pleasure! 😊)



## Medical Herbalism

### Podcast Series

Presented by: Peggy M Miller, MH

15 minute episodes

*"Health Applications of  
Chinese and Ayurvedic Traditional Herbalism"*



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Miss Peggy Miller, owner: Highland Winds, LLC (Medicinal Herbs and Art)  
website: [peggymiller.wix.com/highlandwindsllc](https://peggymiller.wix.com/highlandwindsllc) [facebook link](#)  
Medical Herbal Practice & shop: 1520 S. 7th St. W. Missoula, Mt. Phone: 406-541-7577  
Medical Herbal Consults and shop items: By appointment Tuesday - Friday, 9-5..  
*(General Reminder: many herbs shouldn't be used by those who are pregnant; ask about herbs & blends.) (If you no longer want emails from Highland WindsLLC click reply and ask for emails to stop.)*