

City Clerk Staff

From: HighlandWindsLLC Miller <highlandwinds@gmail.com>
Sent: Friday, December 16, 2022 2:59 PM
Subject: Podcast series on Sunday and Tuesdays info

Hi all -- a week ago Missoula Community Access Television aired the 15 minute audio episode Overview Part 7 - *Need for Fluids and Qi*; This Sunday and Tuesday, at 4:30 and 5:30, Episode 10: Overview Part 8: *Role of Shen and Heart* will air. Channel 189. Hope you can tune in. Have a good weekend! (DVD's available for \$5.) Beginning episodes starting to become available on YouTube under Highland Winds LLC channel. Sincerely, Peggy M Miller



Medical Herbalism

Podcast Series

Presented by: Peggy M Miller, MH

15 minute episodes

**Health Applications of
Chinese and Ayurvedic Traditional Herbalism**



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Miss Peggy Miller, owner: Highland Winds, LLC (Medicinal Herbs and Art)
website: peggymiller.wix.com/highlandwindsllc [facebook link](#)
Medical Herbal Practice & shop: 1520 S. 7th St. W. Missoula, Mt. Phone: 406-541-7577
Medical Herbal Consults and shop items: By appointment Tuesday - Friday, 9-5..
(General Reminder: many herbs shouldn't be used by those who are pregnant; ask about herbs & blends.) (If you no longer want emails from Highland WindsLLC click reply and ask for emails to stop.)