

City Clerk Staff

From: HighlandWindsLLC Miller <highlandwinds@gmail.com>
Sent: Saturday, March 11, 2023 12:07 PM
Subject: Medical Herb Podcasts on MCAT and KFGM - 101.5 FM



Medical Herbs

Podcast Series

Presented by: Peggy M Miller

15 minute episodes

*"Health Applications
Chinese and Ayurvedic Traditions"*



Airing now on KFGM 101.5 fm on Tuesdays between 2:00 and 3:00 pm, who is on the Overview segments. Airing on MCAT every Sunday at 4:30 pm and Tuesdays at 5:30 pm and they are now on the Maintenance episodes (15 minutes long) - also catch them on YouTube -Highland Winds LLC channel!

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Miss Peggy Miller, owner: Highland Winds, LLC (Medicinal Herbs and Art)

website: peggymiller.wix.com/highlandwindsllc [facebook link](#)

Medical Herbal Practice & shop: 1520 S. 7th St. W. Missoula, Mt. Phone: 406-541-7577

Medical Herbal Consults and shop items: By appointment Tuesday - Friday, 9-5..

(General Reminder: many herbs shouldn't be used by those who are pregnant; ask about herbs & blends.) (If you no longer want emails from Highland WindsLLC click reply and ask for emails to stop.)