

### Adult Sports

League details and more info at [www.missoulaparks.org](http://www.missoulaparks.org).

Get your friends and family together during the beautiful summer months to participate in one of our evening adult sport leagues. Play the sports you love while enjoying and promoting healthy lifestyles with your community. All leagues are fun recreational leagues, with an emphasis on enjoyment of play, exercise, and being with friends. No alcohol or tobacco use permitted before, during, or after any sports league.

#### Parks & Recreation Sports Philosophy

We're dedicated to quality recreation experiences for players of all skill levels while facilitating a safe and fun environment and promoting good sportsmanship. We provide these services with an underlying belief that our sports leagues focus on a healthy level of competition, placing more emphasis on participation than winning and losing.

#### Captains/Free Agent Meetings

Captains meetings are MANDATORY unless otherwise noted. If team captain cannot make the meeting, a team representative must attend. Please see individual sports' rules for the point/score-reduction policy regarding Captain's Meetings. If a team misses their Captains Meeting, their first match will be awarded a sportsmanship rating of no more than 3.

Free agents are invited, but not required, to attend Captains Meetings in order to find teams to play on and/or meet new players with similar interests.

#### Register Your Team

Registration forms are available at Currents or register online at [missoulaparks.org/register](http://missoulaparks.org/register). Bring registration form and fee to Currents in McCormick Park, pay over the phone, or online. Registration must be received on or before the deadline. League space is limited; team registration is accepted on a first-come, first-served basis. Days/times are subject to change. Leagues may be combined and/or play on different days.

**Interested in playing sports but don't have a team?**

**Register on IMLeagues as a free agent, details on pg. 29.**

#### Team Sportsmanship Rating (SR)

Teams awarded a sportsmanship rating between 1-4 for every game played. Ratings are entered and calculated on IMLeagues. To be eligible for season tournaments or champ nights, teams must maintain a 3 or better SR. Any team with an average of 2.5 or less will be subject to removal from the league and/or disciplinary discussions with the Adult Program Coordinator.

- 1: Extremely poor sportsmanship
- 2: Poor sportsmanship
- 3: Good sportsmanship
- 4: Fantastic sportsmanship

#### Forfeit Policy

A forfeit happens when teams are unable to provide enough players to field a team for their game/match. In the case your team must forfeit, please email or call Anna Bruning, Adult Program Coordinator at [bruninga@ci.missoula.mt.us](mailto:bruninga@ci.missoula.mt.us), 406-552-6684 at least 24 business hours prior to your scheduled game. This allows your opponent appropriate time



to be contacted and informed of the forfeit. In the case of a forfeit, teams will be awarded a loss (see sport-specific rules for forfeit score) and lower SR. With 24+ business hours notice, the forfeit will be given an SR of 3. With less than 24 business hours notice, the team will be given an SR of 2. Any team with an average SR of 2.5 or less will be subject to removal from the league and/or disciplinary discussions with the Adult Program Coordinator.

#### Refunds

After the registration deadline, refunds will only be provided in full for extenuating circumstances or if the league/event is cancelled. In extenuating circumstances, the refund is up to discretion by the sports coordinator and may be returned at a pro-rated amount.

#### Gender Requirements

CoRec: Has specific gender requirements per sport rules, see sport-specific rules for number of players of a particular gender.\*

Open: League has no gender requirements – may have unspecified amount of any gender on the team.

Women's: Only players who identify as women may participate.

Men's: Only players who identify as men may participate.

\*Participants shall be permitted to participate in adult sport programs in accordance with the individual's consistently expressed gender identity.

#### Skill Levels

Skill levels will be in the league name/description. Players and captains should understand their skill level and sign up accordingly. Please email [bruninga@ci.missoula.mt.us](mailto:bruninga@ci.missoula.mt.us) if you have any questions about skill levels. Some leagues & tournaments may not have designated skill levels and be open to all levels of competition.

A: Advanced/Competitive. Players looking for strong competition, have foundational skills and experience playing. This is the highest level of competition that we offer.

B: Recreational/Intermediate. Players might have some prior playing experience, and looking for a more recreational atmosphere or moderate competition.

C: Beginner/Novice. Players have little to no prior playing experience, looking for a learning or improvement atmosphere with low-level competition.

#### Accessibility

For accommodations related to access, please contact Anna Bruning at [bruninga@ci.missoula.mt.us](mailto:bruninga@ci.missoula.mt.us) or 552-6684.



**Sign up at a free agent (pickup player) for any adult sport!**

To sign up as a free agent, head to [www.IMLeagues.com/Missoula](http://www.IMLeagues.com/Missoula) and hit "create account" in the top right. Once you've created your account, hit the "sports" button on the site map.

Scroll down until you see the sports you want and click on their blue links. Scroll down a little then, hit "join as free agent" next to "create team." Check the box to sign your waiver, add any details you want, and then click "post listing." Email [adultsports@ci.missoula.mt.us](mailto:adultsports@ci.missoula.mt.us) for more information.

**7v7 Spring Soccer Adults 18+**

Deadline	Sun, Apr. 11 by 5pm
Leagues Start	Mon., Apr. 19 and Wed., Apr 21
Game Times	6, 6:30, 7, 7:30, 8, 8:30, 9, 9:30
Location	FMRP Bella Vista Synthetic Turf Field
Format	6-week league, self-officiated. 20-minute halves
Fee	\$160 on or before Sun, Apr 11; \$185 on or after Mon, Apr 12

LEAGUE #	DAY	LEAGUE	MIN/MAX. TEAMS
135310001	Mon.	Co-Rec A/B	4/16
135310002	Wed.	Co-Rec A/B	4/16

**Captains & Free Agent Meeting (both leagues) Mon, Apr 12, 6:30pm, Bella Vista Pavilion with pickup games after.**

**11 v 11 Summer Soccer Adults 18+  
Healthy Competition, Advanced Play!**

Deadline	Sun., May 30 by 5pm
League Play	Tues. June 8
Time	6, 6:30, 7:30, 8
Location	Fort Missoula Regional Park
Format	8-week league, officiated
Team Fee	\$515 by Sun., May 30; \$540 on or after Mon., May 31

LEAGUE #	DAY	LEAGUE	MIN/MAX. TEAMS
235310001	Tues.	Open A/B	4/8

**Captains & Free Agent Meeting: Wed, June 2, 6:30pm, Bella Vista Pavilion with pickup games after. Champ Night: Mon, Aug 9, Bella Vista Field, 7:30pm**

**7 v 7 Summer Soccer Adults 18+**

Deadline	Sun, June 6 by 5pm
League Play	Begins June 14/June 17
Game Times	6, 6:30, 7, 7:30, 8, 8:30,
Location	FMRP Grass Fields
Format	8-week league, self-officiated. 20-minute halves, 5-minute halftime.
Team Fee	\$200 on or before Sun, June 6; \$225 on or after Mon, June 7

LEAGUE #	DAY	LEAGUE	MIN/MAX. TEAMS
235310000	Mon.	CoRec A	4/12
235310006	Thur.	CoRec B	4/12

**Captains & Free Agent Meeting: Thur, June 10 6:30pm, Bella Vista Pavilion with optional pickup games after. Champ Night: Mon, Aug 9, Bella Vista Field, 6:30pm.**

**7 v 7 Fall Soccer Adults 18+**

Deadline	Sun, Aug 22 by 5pm
League Play	Aug 31/ Sep 2
Game Times	6, 6:30, 7, 7:30, 8, 8:30, 9, 9:30pm
Location	FMRP Bella Vista Synthetic Turf Field
Format	6-week league, self-officiated.
Team Fee	\$160 on or before Sun, Aug 22; \$185 on or after Mon, Aug 23

LEAGUE #	DAY	LEAGUE	MIN/MAX. TEAMS
235310002	Tues.	CoRec A	4/16
235310007	Thur.	CoRec B	4/16

**Captains & Free Agent Meeting: Tues. Aug 24, 7pm, Bella Vista Pavilion with pickup games after. Champ Night: Tues, Oct 12, Bella Vista Field, 7pm.**

**Fall Pickup Soccer Adults 18+**

Dates	Fridays, Sept. 3 - Oct. 29, weather permitting
Time	6:30pm-8pm
Location	FMRP Bella Vista Field
Fee	\$6/player/night No registration required.

## Co-Rec Summer Softball Ages 14+

Deadline	Mon, May 25
League Play	June 2
Game Days	Wed
Game Times	6, 7:15, 8:30, 9:45
Location	Fort Missoula Regional Park
Format	8-week league, single-elimination tourney, officiated
Team Fee	\$415 by Mon, May 24 \$430 on or after Tues, May 25

LEAGUE #	DAY	LEAGUE	MIN/MAX. TEAMS
235310103	Wed.	Co-Rec A/B	4/12

**Captains & Free Agent Meeting: Wed., May 26, 6:30pm @ FMRP 5-Plex, with optional pickup games after. Champ Night: July 28 @ 7pm**

## Summer Sand Volleyball Ages 14+

Deadline	Sun, May 30 5pm
League Play	Begins June 8-9
Game Days	Tues, Wed
Game Times	6pm, 7pm, 8pm
Location	Playfair Park – Sand Volleyball Courts
Format	8-week league, self-officiated.
Team Fee	\$130 by Sun., May 30 \$155 on or after Mon., May 31

LEAGUE #	DAY	LEAGUE	MIN/MAX. TEAMS
235310201	Tues	Co-Rec A	4/12
235310202	Wed	Co-Rec B	4/12

**Captains & Free Agents Meeting: Tues, June 1, 6:30pm, Playfair Sand Courts with pickup games to follow. Champ Night: Tues, Aug 3, 7pm.**

## New! Fall Ultimate Ages 16+

Deadline	Mon., Aug. 16 by 5pm
League Play	Begins Aug 23
Game Days	Mon
Game Times	6, 6:45pm
Location	Playfair Park
Format	6-week league, self-officiated
Team Fee	\$120 by Aug 8; \$140 on or after Aug 9

LEAGUE #	DAY	LEAGUE	MIN/MAX. TEAMS
335310900	M	Open A/B/C	4/16

**Captains & Free Agents Meeting: Monday, August 16, 6:30pm @ Playfair Park Pavilion, with optional pickup games after. Champ Night: Oct. 4, 6:30pm, Playfair.**

## GET YOUR GAME ON...NEW PROGRAMS!

### Cornhole Tournament Ages 18+

Deadline	Thursday, July 8
Date/Time	Sat., July 10, 12pm-5pm
Location	FMRP Bitterroot Shelter
Format	4 pool-play games, single-elimination bracket
Team Fee	\$25 on or before July 5; \$30 on or after July 6

LEAGUE #	DAY	LEAGUE	MIN/MAX. TEAMS
235310800	Sat.	Open A	6/20
235310801	Sat.	Open B/C	6/20

### Spikeball Tournament Ages 14+

Deadline	Sun, Aug 8
Date/Time	Wed., Aug 11, 6pm-9pm
Location	FMRP Bitterroot Shelter
Format	4 pool play games, single-elimination bracket
Team Fee	\$20 on or before Aug 8; \$25 on or after Aug 9

LEAGUE #	DAY	LEAGUE	MIN/MAX. TEAMS
	Wed	Open A/B/C	6/20

### 3v3 Basketball Tournament Ages 16+

Deadline	Mon, Sept 13
Date/Time	Sat., Sept 18, 10am-2pm
Location	Playfair Basketball Courts
Format	4 pool-play games, single-elimination bracket
Team Fee	\$25 on or before Sept 13; \$30 on or after Sept 14

LEAGUE #	DAY	LEAGUE	MIN/MAX. TEAMS
	Sat.	Open A/B	6/20

### Free! Irish Hurling Clinics Ages 18+

Come learn the sport of hurling! We're partnering with Missoula's [Thomas Meagher Hurling Club](#) to offer introductory clinics to the fastest game on grass. Famously described as the ultimate field sport, it takes the field presence of soccer, hand-eye coordination of baseball, and teamwork of hockey. All skill levels are welcome, but the clinic will focus on the basic skills and strategies.

For ages 18+, pre-registration is recommended but not required, and sessions are limited to the first 25 participants. Reserve your spot by emailing [bruninga@ci.missoula.mt.us](mailto:bruninga@ci.missoula.mt.us). Bring water, cleats, and comfortable clothes; all other equipment provided. No fee.

Dates/Times	Mon, July 12 or Wed, Aug 4, 6:30 - 8:30pm
Time	FMRP Rugby Pitch